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OFFICER STUDENTS WIVES CLUB MAGAZINE

VOLUME 31, NO. 3

MARCH/APRIL

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The *Classmate*® was originated and previously edited by the wives of the students of the General Line and Naval Science School. It is now sponsored by the Officer Students Wives Club of the Naval Postgraduate School. Material and opinions contained herein are those of the publishers and are not to be considered an official expression of the Department of the Navy. Because of its functions as an unofficial medium for the Officer Students Wives Club, advertisements in the publication do not constitute an endorsement by the Department of the Navy of services advertised. Written permission is necessary to re-print any material herein. Published at no cost to the U.S. Government by Herald Printers, 201 Foam St., Monterey, CA.

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On The Cover: The migrating Monarch Butterflies of Pacific Grove — part of the natural beauty of the Monterey Peninsula. Photo by Kevin Wetterskog.

Superintendent's Message

by RADM Robert C. Austin



When I reflect on the importance of studying at the Naval Postgraduate School, I see in the officers assigned to study here, the future of our Navy, our Nation, and their contribution for a better world. The Postgraduate School is a strategic investment for the 21st Century. Thus, the time spent here is a very special period. The focus of the school is concentrated on studies that are meaningful, profound, and which provide understanding for the remainder of each officer's career. We expect the study, and abilities developed here, to be the foundation of great decision making and excellent judgment. It is a demanding intellectual and academic assignment. By providing the time and

facilities for these studies, the government provides a great opportunity. In return from that opportunity there is great expectation. An expectation that the students will intensely work in attaining insight to address future responsibilities.

The Officer Students Wives Club is a marvelous complement to the purpose and achievement of the Naval Postgraduate School. This organization promotes a strong family center of activity, with a diversity of endeavors, which offers varied opportunities of its own.

I can only compliment and praise the involvement, vigor and breadth of the club activities as well as the initiative

of its leadership. *The Classmate* is an excellent example of one such activity. Thus the Officer Students Wives Club helps the family, as a whole, to participate in a special way during an officer's assignment in Monterey. During this period of shore duty which is very demanding in its own way — it gives the families who had been separated a chance to renew shared interests. It does much to make the memories of Monterey not only the foundations of future accomplishment for the officers who study here, but also the foundations of a rich family life in the years to come.



Editor's Notes

Welcome to the world's best duty station — Monterey! My husband, Mike, my one-year-old son, Stephen, and I arrived here about nine months ago. We were happy to finally be together and on shore duty, but with all our families and friends on the east coast, we were also a little reluctant to make this big move. Looking back, I don't know why we should have ever felt that way, because Monterey and the Naval Postgraduate School are wonderful! Although I prefer temperatures to be a little warmer (I grew up in Florida), I love being able to wear lots of sweaters and sweatshirts. Mike enjoys being back in school and away from sea duty, "duty" being the key word! And Stephen is in a child's paradise — it's rarely too cold to go out and play and playmates abound by the dozens!

This issue of *The Classmate* is full of all kinds of useful information for newcomers to our community. Look for articles on everything from health care to recreation to schools and to shopping. Hopefully, the "veterans" will find this information handy as well, since there are often small (but important)



By Cathy Salvato

changes in things, such as the commissary hours!

We have also included several of our regular columns, which you are certain to enjoy. Be sure to read Shannon Burnette's farewell "Navy Bleu" which contains plenty of delicious recipes for fruits, along with some down-home advice. "Hammer and Thread" presents a great idea for brightening up a bedroom. "Paw Prints" lists various hotels

and motels in the area that will accommodate both you and your pet. "Vineyard Vignettes" offers advice on where to go for wine-tasting. "Stormy Weather" and "Touch of Humor" will entertain you, too.

I would be remiss if I failed to thank two important writers who will leave us shortly. Shannon Burnette has been writing "Navy Bleu" and "Backroad Escapes", which offers tips on nearby places to visit. Michelle Ule writes "Stormy Weather", which offers her personal views on life. Always innovative and witty, they will be truly missed.

The Classmate is staffed by volunteers, and we're always looking for new friends to help us share the fun. Our move to California was a career move for me; I went from being a naval officer to being a full-time mommy. *The Classmate* (and all the OSWC activities) has given me a chance to learn new things and make many lasting friendships. I hope that all of you will enjoy your stay in Monterey. If you have any questions about our magazine, or would like to help, please call me at 647-1767.

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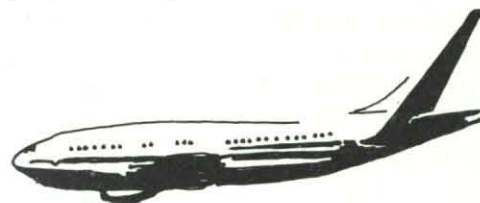


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Martha Clemons, President

Monterey has been our home for the past two years. Tom and I came from the Virginia Beach area where we were stationed in the USS Coral Sea in Engineering. Three months after we arrived, an addition was added to our family, our daughter, Ellen.

When I am not busy with Ellen and Tom, you can find me working part-time at the Monterey Public Library. I am currently taking a break from teach-

ing preschool children.

This past year, I have been the section liaison for my husband's section, Space Systems Engineering (71). I have also been involved with the governing board as the exchange liaison. I am looking forward to the challenge of being president and working with the members of our "second family" at NPS — the Officer Students Wives Club.

President's Message

The Officer Students Wives Club extends a hearty welcome to all those arriving to the Naval Postgraduate School. OSWC unites a diverse collection of wives from the Navy, Army, Air Force, Marine Corps, NOAA and various International Services. NPS is a tour of duty for making lasting memories. Seldom can you spend time with your family on shore duty in such a beautiful area of the country.

NPS and Monterey have many things to offer its community. The climate is conducive to all recreational sports. Golfing, sailing, fishing and skin diving are at a premium. You can find skiing in the winter only several hours away. You may want to try a new sport.

History abounds in Monterey from the halls of the Old Del Monte Hotel (Herrmann Hall) to Cannery Row to the adobes on the streets of downtown Monterey. Partake in some of Mon-

terey's history on the walking tour of the adobes on April 29. OSWC will be sponsoring the Robert Louis Stevenson adobe this year. Come and join us and you may see a famous face.

The beautiful scenery inspires many artists in the area. OSWC will be hosting an art auction on Friday, April 21, with a stand-up auction on Saturday, April 22. Various artists will be represented by California Auction Services. A collection of local officers' wives' paintings can also be found in the basement of Herrmann Hall in the Eagle's Eye Gallery.

OSWC provides many "special event" activities throughout the year. The Easter EGGstravaganza to be held on Saturday, March 18, is guaranteed to be a hit with the entire family. There will be contests for all ages. Look

for your reservation form in the current issue of "Pink Flyer". All military personnel attached to NPS and its tenant commands, faculty, staff and their families are welcome to attend. For details of all upcoming events read the *Classmate* and "Pink Flyer".

OSWC functions with the energetic and enthusiastic support of its approximately 400 members. We consist of two boards, an executive and governing board. The governing board contains 30 chairmen who head committees of such functions as Adobe Tour, Art Auction and Easter EGGstravaganza. The governing board is also made up of 16 liaisons and 11 curriculum representatives. No matter what your talents or interests, we have room for you. Please fill out the OSWC membership form in this issue of *Classmate* today. Start making memories at NPS!



Christine Malcolm
First Vice President

Hi, my name is Christine Malcolm. I have been a Navy wife for the past seven years and have been an active member of several wives clubs. I have served as head of the information exchange network in a prior wives club, a task which required many hours of

telephone coordination.

We moved to Monterey a year-and-a-half ago, so I am quite familiar with the area, the people and the current happenings. Because of my husband's past job, I was able to meet most of the local community and civic leaders. I have held the post of Assistant-to-the-Editor for the Naval Postgraduate School *Classmate* magazine for the past year.

By becoming the OSWC First Vice President, my goal is to help increase membership and maintain an efficient and informed organization.



Bonnie Tidd
Second Vice President

Hi! I am Bonnie Tidd. My husband John and I arrived here from Fort Lewis, Washington, in September 1988. He is part of the Army contingent studying computers here at NPS.

While my husband hails from the state of Washington in the beautiful Pacific Northwest, I hail from the Commonwealth State of Massachusetts. My husband and I are 1981 graduates of the United States Military Academy at West Point and have our degrees in Engineering. I spent a total of 10 years in the Army from 1973-1983. I served in Guam in Operation New Life during the fall of Saigon in 1975. Upon return, I attended the United States Military Academy Preparatory School at Fort Monmouth, New Jersey. There, John and I met, fell in love and waited almost five years to wed! (You cannot be married and attend a service academy.)

Together we served in Germany, I in Hanau and John in Friedburg. While in Germany, I became pregnant with our first child and I had to make a very difficult choice. Today, I am busy raising Diana, almost 5, and Jennifer, almost 2. I volunteer with the American Red Cross at Fort Ord. I have been a member of many officers wives clubs and have served here as the Ways and Means Chairman and on various committees. We are here until June of 1990 and I am looking forward to this new year.

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Debbie Charbonneau
Corresponding Secretary

Hi! I'm Debbie Charbonneau. My husband, Lauren, our children: Jennifer, 8th grade; Nicole, 6th grade; and Lindsey, kindergarten, and I moved here from Key West, Florida. My husband was stationed on USS Hercules. I was president of the PHMRON wives and recording secretary of the Key West Officers Wives Club. I also taught CCD, pre-kindergarten at Sigsbee Elementary School and substituted for the Monroe County School District.

I really enjoy Monterey; it's very beautiful. Presently, I teach CCD and am doing in-home child care.



Anne Cairns
Treasurer

Welcome to Monterey and to the OSWC. This is a beautiful place and you will surely enjoy it here. My husband, Bill, daughter, Jemma, and I have already spent 18 months here. We are on the downhill slope with 6 months to go. We will truly miss it.

I have a bachelor's degree in accounting and am presently taking additional accounting classes at Golden Gate University so I may soon take the CPA exam.

I served as OSWC treasurer for the last 6 months and look forward to the next six.



Darcy Murphy
Recording Secretary

Hello and welcome to Monterey. My husband Bob, daughter Katie (4), and son Kevin (16 mo.) have been in Monterey for eight months and we really enjoy the sights and beautiful scenery.

We have been married for 5 years and have lived in Norfolk, VA and Long Beach, CA. Being a native of southern California, I really enjoy living on the west coast. While in Norfolk, I worked in the accounting department at EVMA. But now, most of my time is dedicated to raising two rambunctious kids.

I look forward to working with OSWC and urge all of you to get involved with the many activities and programs offered.

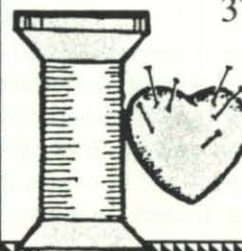
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Mary Sarepera
Advisor

Hello! I'm Mary Sarepera, your new OSWC advisor. I was born in Kansas City, Missouri, but call Minneapolis my home. I attended college in Missouri, majoring in English and business law. Then, I flew for United Air Lines for

three years before marriage and have worked as an underwriter in mortgage banking for the past 13 years. I have been a military wife for 28+ years and have lived at 13 different duty stations. Most recently, we were in Hawaii where my husband was Chief of Staff of the Naval Central Command.

I have been impressed by service wives all over the world and have worked with many of them in the Red Cross and other service organizations. I am proud of their performance and standards. I believe one must inspire confidence in one's personal integrity . . . people soon see through you if you try to be anything you are not.

Painting, reading and travel top the many activities I enjoy. I have two daughters, Catherine and Lisa, and a son, Scott, who is an F-16 pilot in the USAF. But the highlight of my life is my six-month-old grandson, Kevin!

I look forward to getting to know all of you and being part of OSWC. Welcome aboard!



Jeanne Nakagawa
Advisor

Welcome to my family's favorite duty station — Monterey. My husband Gordon, a naval aviator for over 30 years, is Chair for Tactical Analysis. Our three children include two naval officers. Greg works for IBM, Kathy is an instructor at the Navy Nuclear Power School and Steven is an NFO.

I look forward to getting to know you and am here to help you during your stay in Monterey.

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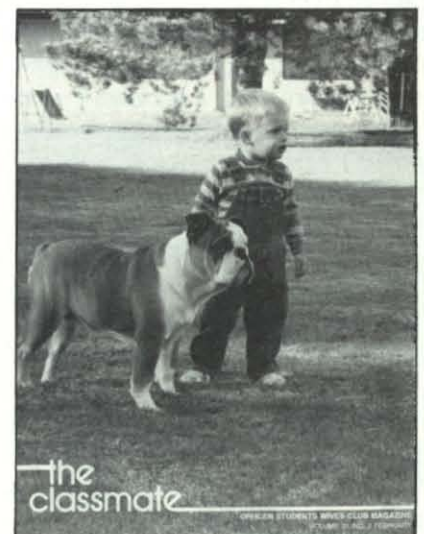
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O.S.W.C. Calendar

March

- March 2 Monthly Function, Parliamentary Seminar, Community Center, 7:30 p.m.*
 March 4 Bargain Fair, La Mesa Elementary, 10 a.m.-noon
 March 6 General Meeting, La Novia Room, 7:30 p.m.
 March 18 Easter Eggstravaganza, Yard between pool and Herrmann Hall, 10 a.m.-1 p.m.
 March 26 Easter

April

- April 3 Executive Board/General Meeting, Tower Room, 7:30 p.m.
 April 6 Section Liaison Tea
 April 21 Art Auction Preview, 6:30 p.m.
 Art Auction, 7:30 p.m.
 April 22 Stand-up Auction, 10 a.m.-2 p.m.
 April 24 Executive Board Meeting
 April 27 Newcomer's Coffee, La Novia Room and Terrace, 7:30 p.m.
 April 29 Adobe Tour, 10 a.m.-5 p.m.

May

- May 1 General Meeting, Tower Room, 7:30 p.m.
 May 6 International Day
 May 12 International Tea, 3-5 p.m.
 May 29 Memorial Day (Observed)
 May 31 Executive Board Meeting

June

- June 3 Bargain Fair, La Mesa Elementary, 10 a.m.-noon
 June 5 General Meeting, Tower Room, 7:30 p.m.

July

- July 10 Executive Board/General Meeting, Tower Room, 7:30 p.m.
 July 22 La Mesa Run
 July 31 Executive Board Meeting

August

- August 1 Chocoholic Bake Sale
 August 7 General Meeting & Elections, La Novia Room, 7:30 p.m.
 August 17 Cramalot Newcomer's Evening, McNitt Ballroom
 August 27 Hail and Farewell
 August 28 Executive Board Meeting

*Watch for special announcements regarding monthly OSWC functions. All event dates are subject to change. See current Pink Flyer for details and reservations.

OSWC MEMBERSHIP

The OSWC is the Officer Students Wives Club of the Naval Postgraduate School for the spouses of all students. In addition to sponsoring monthly activities such as luncheons, OSWC also sponsors the Art Auction, Adobe Tour, International Students' Wives Tea and many other Holiday events. Dues collected entitle you to member discounts as well as monthly Pink Flyers and the OSWC Directory. To obtain membership, fill out the form below and send it with a check made out to OSWC to : Denise Waugh, 1223 Spruance, Monterey, CA 93940. Phone 373-1909, SMC #1342. Dues: \$2 per quarter, minimum 4 quarters for new members/renewals (or remainder of duty stay).

SMC # _____ New Member _____ Renewal _____ Active _____ Associate _____

Last Name _____ First _____ Phone # _____

Spouse's Name _____ Rank _____ Service _____

Curriculum _____ Graduation Date (month/year) _____

Address _____ City _____ Zip Code _____

Length of Membership _____ Amount Enclosed \$ _____

Are you interested in committee work? YES _____ NO _____ Volunteer? YES _____ NO _____

Would you like to participate in our club administration? YES _____ NO _____

Do you wish to have your Name, Spouse's Name and Service, Address and Telephone Number in the OSWC Directory? (members only) YES _____ NO _____

Would you like a copy of the OSWC By-Laws? YES _____ NO _____

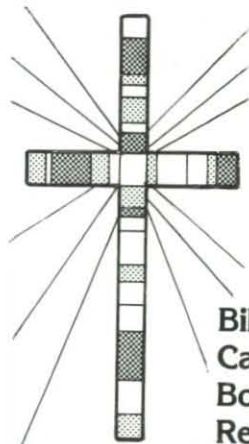
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O.S.W.C. Committees

COMMITTEES

MEMBERSHIP

Directory Update — Maintain a listing of OSWC members. Prepare accurate Directory each Fall, with Update page in alternate terms.

New Members — Publish membership form in the Pink Flyer and *The Classmate*. Attend welcome events. Receive and process forms and dues.

NOMINATIONS AND ELECTIONS

With committee, present candidates for Executive Board. Oversee elections. Identify possible Governing Board Chairmen and Liaisons.

PROPERTY

Maintain accurate inventory of OSWC property and its storage spaces. Upon request, distribute supplies to chairmen.

PUBLICATIONS

Pink Flyer — Edit and type monthly Pink Flyer and Special Event Flyers.

Activities — Document classes to be included in lists published in Pink Flyers and *The Classmate*. Provide monthly updates to all publications. Help *Cramalot* chairman invite instructors to display.

Distribution — Collate and stuff Pink Flyer monthly. Arrange for *The Classmate* and Special Flyer SMC distribution.

Duplication Assistant — Assist the Corresponding Secretary with making copies.

PUBLICITY

Windows — Schedule and set up displays in Herrmann Hall basement windows.

Poster and Flyer Design — Provide event chairmen with posters and flyers. Coordinate publicity for events.

SPECIAL EVENTS

Adobe Tour — Work with community to host one home during the annual Spring event.

Art Auction — Organize one fund-raising event each Spring, the profits of which are donated by the Allocations Committee to local charities and civic groups.

Children's Christmas Party — Plan and direct party in mid-December.

Christmas Craft Bazaar — Organize annual Craft Fair in late Fall.

Easter EGGstravaganza — Plan family event Easter weekend with activities for children.

Halloween Parade — Plan and direct parade through La Mesa Housing.

Holiday Charity Drive — Organize fund-raising events throughout the year. Proceeds to go to designated charities.

International Day — Plan booth to represent USA during festivities each Spring.

International Tea — Plan afternoon each Spring to welcome International Wives, inviting community and OSWC.

La Mesa Run — Plan 10K and Fun Run in La Mesa in summer, sell T-shirts to defray costs.

Navy Birthday Ball — Plan formal dinner-dance held in October.

Santa Visits — Schedule and advertise visits by "Santas" to La Mesa homes in early December.

WAYS AND MEANS

Fundraising activities producing income for OSWC programs throughout the term.

Apron — Chairs committee to establish an apron for fund-raising purposes. Profits are to support the scholarship fund.

Bake Sales — Plan bake sales in Herrmann Hall basement and Spanagel main entrance for February (Valentine's Day), April (Easter Brunch), August (Chocoholic), and December (Holiday).

Bargain Fair — Organize sellers for Quarterly event. Direct event. Sell refreshments.

Cookbook — Chairs committee. Compiles recipes for publication every other year, primarily to support scholarship fund.

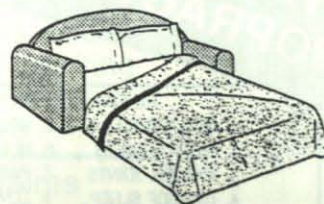
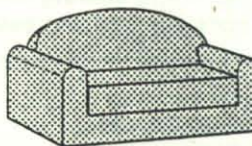
Talbott Ties — Order, advertise, and sell NPS ties and accessories.

Continued on next page

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The NPS seal cross stitch kits come complete with the fabric and floss to complete a three-color seal for your memories wall.

The items are available for purchase by calling Jennifer Church at 373-7943.

The current prices for the items are:

Tie (His)	\$16
Tie (Tall Man)	\$18
Tie (Hers/Youth)	\$15
Tie (Hers/Floppy Bow Tie)	\$13.50
Checkbook cover	\$6
Cosmetic bag	\$7.50
Coin purse	\$6.50
Eyeglass case	\$4
Cross stitch graph	\$2
Complete cross stitch kit	\$5
Credit card case	\$6

Committees

Continued from previous page

WELCOME ABOARD

Newcomer Evening — Plan, advertise, and direct one Welcome Event per Quarter, one being in conjunction with the Cramalot skit in August and February.

Governing Board Hospitality — Set up room and refreshments for monthly Governing Board meeting. Update nametags.

SCHOLARSHIP

Chairs committee. Recommends suggested scholarship recipients to Governing Board.

LA MESA BEAUTIFUL

Distribute and process applications for projects.

LIAISONS

Attend Governing Board meetings to receive information and report on concerns.

CLASSMATE EDITOR

Attend Governing Board meetings to receive information and report on concerns.

CONSUMER AFFAIRS

Commissary — Attends Committee Board meetings to voice OSWC concerns. Reports to Governing Board.

Exchange/PX — Attends Advisory Board meetings to voice OSWC concerns. Reports to Governing Board.

INTERNATIONAL LIAISON

International student's wife who acts as link between OSWC and International students' concerns.

MARINE CORPS WIVES AND COAST GUARD WIVES

Representatives for each of these

groups act as liaisons between clubs.

OFFICERS CLUB LIAISON

Attends O'Club Board meetings and reports to Governing Board.

LA MESA FAMILY AFFAIRS

Child Care Rep — Attend advisory meetings and report to Governing Board.

La Mesa Housing — Attend meetings as necessary and report to Governing Board.

MEDICAL SERVICES

Ft. Ord Hospital — Attend Consumer Health Council. Report to Governing Board as required.

Primus Clinic — Attend advisory meetings and report to Governing Board monthly.

NPS ADMINISTRATION

Eagle Eye Gallery — Attend Governing Board meetings to receive information and report on concerns.

Officer Student Advisory Committee — Attend Student Council meetings and report to Governing Board.

Recreation Council — Attend Rec Council meetings and report to Governing Board.

VOLUNTEER ORGANIZATIONS

Navy Relief — Attend meetings, recruit volunteers and report to Governing Board.

Red Cross — Report concerns to Governing Board.

NOTE: — These are brief indications of duties; more complete information and positions is detailed in notebooks held by each chairman, to be updated each term. Duties and events may be modified as needed by Executive Board and/or chairmen.

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Curriculum Representatives

The Curriculum Representatives are a vital communication link from the Curriculum to the wives and to OSWC. Each curriculum has a volunteer who commits herself to representing her curriculum. The way the Curriculum Representative carries out her duties may differ slightly, but her main purpose is to be a personal point of contact for wives in her curriculum and create a "support" group. She will pass on information to the Section Leader's

wives who, in turn, should be in contact with each wife in the section. The academic "section" is very comparable to a ship's wardroom or a pilot's squadron.

Curriculum Representatives will keep in contact with her curriculum office and pass on pertinent information to the wives and to OSWC. She will phone her Section Leader's wives monthly. She will have a welcome coffee with the new wives each quarter.

She will write newsletters and encourage sections to communicate and "support" each other. There are many creative ways to get to know one another. In order to give NPS that "personal touch," we have had each of the Curriculum Representatives write a note of hello and welcome. If you have questions, call them! Remember:

**"BECOME INVOLVED,
NOT ISOLATED!"**



Nancy Franklin
Computer Technology

Hi, I'm Curriculum Representative for Computer Technology. My husband, Gary, is in Computer Systems Management. We arrived here last January, after spending three years in Denmark (NATO staff). We have three children: Susanne, 17, John, 13, and Sarah, 7, so if you have any questions regarding schools, I've got all three covered.

Please don't hesitate to call me at 649-3074 if I can be of assistance to you in any way.

Hi! My name is Joy Metz. Welcome to Monterey and the Naval Postgraduate School. I am your curriculum representative for Naval Engineering. As a CR, I am your link with the NPS, the Curriculum office and OSWC. Please feel free to call me anytime. I am always happy to help. 372-4104 or SMC 1301.

My husband Steve and I have come to enjoy Monterey with its many activities and beautiful weather. I am sure you will enjoy it as much as we do.



Joy Metz
Naval Engineering

Continued on next page

Jerry McDonald

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Curriculum Reps

Continued from previous page



Marilyn Gengo
Aeronautical Engineering

Welcome to Monterey. My name is Marilyn Gengo and I'm your Aeronautical Engineering Curriculum Representative. My husband, 3 children and I arrived here last August from Virginia Beach where my husband Joe was attached to the USS Guam as their Flight Deck Officer. If you're coming from the East Coast to the West Coast for the first time you might find the weather a little cooler than you expected. I thought I was going to freeze to death before our shipment arrived and it was mid-August. Be prepared to wear fall-

type clothes 10 months out of the year and always have a jacket handy for the nights. I think you'll find the scenery breath-taking and the surrounding towns enchanting. There is more to life than going to the beach as we have been forced to discover since moving here.

Please feel free to write me at 107 Shubrick Rd. Monterey 93940 if you have any questions about NPS, La Mesa (base housing), schools, etc. I will do anything I can to help make your transition to Monterey a little easier. I look forward to meeting "ya'll" soon.



Therese Lester
Electronics and Communication

Welcome! My husband and I are fortunate enough to be jointly assigned to beautiful Monterey. I am an Army Nurse attached to Fort Ord. We arrived

in December 1986 from Tacoma, Washington where I had been a nurse at Madigan Army Medical Center.

Although my professional responsibilities keep me busy, I welcome this position as a Curriculum Representative. It will be a pleasant change of pace and an exciting challenge.

Please do not hesitate to call me. Your questions and willingness to be involved with OSWC functions will be welcomed. You may reach me at home in the evenings/weekends at 647-9288 or write to SMC 1494.



Merrily Stover
Air Ocean Science

Hello there! My name is Merrily Stover. I'm the Curriculum Representative for Air-Ocean Sciences. I will serve as your link to the curriculum office and OSWC.

My husband, Larry Jendro, and I have enjoyed our first year in Monterey. We came here from Hawaii where we met while he was stationed at Pearl Harbor and I was a graduate student at the University of Hawaii. I'm working now on my Ph.D. dissertation in Anthropology. Two graduate students in the same household! We're also involved with the Monterey Bay Aquarium and highly recommend it as a way to learn about the unique natural history of the area.

I hope you enjoy your stay here in Monterey. If I can help you in any way, do call me at 649-5144.

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Virginia Lyon
National Security Affairs

Welcome to the beautiful Monterey Peninsula and the Naval Postgraduate School. As your new Curriculum Representative for National Security Affairs, I will serve as your link between the Curriculum Office and OSWC.

Along with my husband, Wes, and 18-month-old daughter, Elizabeth, I arrived in Monterey in September, after spending two cold winters in New London, CT. Needless to say, we are enjoying the beautiful California weather. After spending two years aboard a submarine and two more in construction, we are also enjoying those dutiless nights. And for all you golf lovers, you must meet Wes.

I am looking forward to serving you as the NSA Curriculum Representative. If I can be of any assistance,

please feel free to call me, anytime, at 372-6083.



Susan Caldwell
Weapons Engineering

Hello! My name is Susan Caldwell and I am the new Curriculum Representative for Weapons Engineering. As such, I look forward to serving as your link with the OSWC and the curriculum office.

My husband, David, and I, along with our three-and-a-half year old daughter, have lived here in Monterey for a year now, and we're truly enjoying our stay. Living in La Mesa has not only provided us with a home, but also with a unique neighborhood kinship and instant friends. It's always nice to talk with someone, only to find out they know people you know or have been where you've been.

Please don't hesitate to call me (647-1361) or write (SMC #1906) with any questions, problems or suggestions you may have.



Mary Valente
Antisubmarine Warfare and Electronics Warfare

Hello and welcome to Monterey. My name is Mary Valente. I am your Curriculum Representative for Antisubmarine Warfare and Electronics Warfare. My husband, Frank, our children and I arrived here from San Diego where my husband was attached to the USS Albert David. We adapted quickly to the climate where it's fall most of the year. We enjoy Monterey's community and La Mesa is a great place to live. I am looking forward to meeting you; as your CR, I am your link to NPS and OSWC. Please call me anytime, at 375-5006 or stop by at 118 Moreell Circle.

Continued on next page

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Curriculum Reps

Continued from previous page

Martha Hartung

Command-Control-Communications

Hello, my name is Martha Hartung. I grew up in northern New Mexico. I have been a Navy wife in the P-3 community for eleven years now. The time has really gone fast. We have most recently come from NAS Barbers Point, Hawaii. This is our second quarter here at NPS, and while the cool weather and foggy skies gave me some doubts at first, I'm really starting to enjoy the Monterey area and all it has to offer. I have two children and they attend La Mesa School, so I find lots of opportunities to stay busy and meet new friends and faces.

If you need some help, information, or just a friendly voice on the telephone, please don't hesitate to call me at 649-0354.



Gray Biggers Operations Analysis

Welcome to Monterey and to a rewarding experience at NPS. My name is Gray Biggers, the curriculum repre-

sentative for Operations Analysis/Research. The OA curriculum officer is Cdr. Roger Stemp, whom I've found to be very knowledgeable and to have a fun sense of humor. My husband, Edward, and I are both from San Antonio Texas. He is in his fourth quarter of study and is, possibly, the oldest student here! Our two children, Edward — 11 and Scottie — 14, have helped us discover many fascinating haunts on the Monterey Peninsula.

As you know by now, the secret to happiness for a military family is to bloom where you are planted. I know you will enjoy "blooming" here in Monterey. Please call me at 372-4362, if I can help in any way. There's lots to see and do. Let's enjoy Monterey together!

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Emergency Action P

The Emergency Action Program was instituted at the April 1983 Governing Board Meeting of the Officer Students Wives Club. Its purpose is to help minimize the impact of a crisis (severe illness, hospitalization, or death) on students' families at the Naval Postgraduate School. This program uses volunteer assistance in three areas of basic needs: child care, meals, and transportation. While this OSWC program is an emergency ac-

tion, it is intended to be short term pending other arrangements. It is not a solution but rather aid and comfort from one family to another. Since its implementation, the program has been used successfully and will continue to serve NPS families.

To continue this service, we need volunteers in all three areas of basic need and invite you to sign up for one or all three. OSWC assistance will be coordinated with any given through the

Chaplain's office.

If you have already signed up to help us, please accept our thanks. If you are interested in being a volunteer, wish to change the area(s) in which you have volunteered or no longer wish to take part in the Emergency Action Program, please contact Bonnie Tidd at 327-5921 or fill in the form below and send it to SMC #1079, Naval Postgraduate School.

is a support group for mothers of twins, triplets, etc. Expectant mothers are also welcome. We meet monthly and discuss topics of interest to all MOT. These topics include problem solving, helpful hints, and guest speakers. If interested please contact Karen Harness at 373-0512. We look forward to hearing from you.

Each 45-minute weekly class e Of Great Need

is filled with music, games, sights and sounds they simply can't experience at home. Here with their parents, children 3 months to 4 years explore a colorful world unlike anything they've ever seen. To find out more about the exciting world of Gymboree, give us a call today. **GYMBOREE**

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R S T U V W X Y Z

Curriculum Reps

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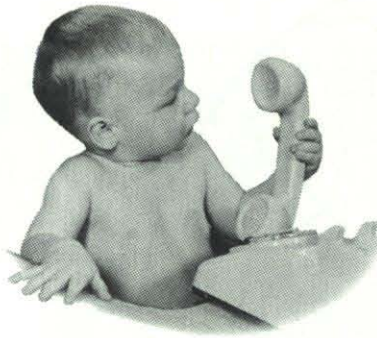
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If you need some help, information, or just a friendly voice on the telephone, please don't hesitate to call me at 649-0354.

A B C D E F G H I J K L M N O P Q



New Kids On The Block

by Denise King

A son, **Glenn Wilson**, 7 lbs. 12 ozs., on January 14, 1989, to Glenn and Karen Zeiders.

A daughter, **Aurora Brittany**, 8 lbs. 4 ozs., on January 28, 1989, to David and Maria Salter.

A son, **Thomas Daniel**, 9 lbs. 4 ozs., on January 7, 1989, to Daniel and Joi Ronan.

A son, **Carlos Andres**, 7 lbs. 13 ozs., on January 16, 1989, to Patricio and Maria Elena Salgado.

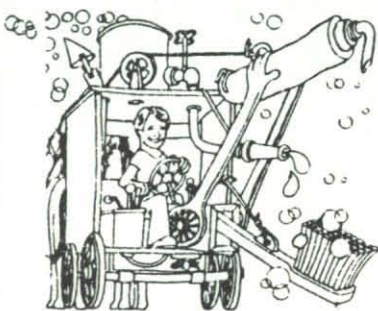
A son, **Joseph Michael**, 9 lbs., on January 15, 1989, to Michael and Theresa Sherman.

Attention All New Or Expectant Mothers

If you are an active, associate or honorary member of OSWC and are expecting a baby during your tour at the Naval Postgraduate School, you are entitled to receive a special birth certificate from OSWC and to have an announcement printed in *The Classmate*. This gift also applies if you are an OSWC member and have had a baby born in Monterey within the last six months.

When you have your baby, please notify Bonnie Tidd at 372-5921 with information about the birth. If calling us to advise us of the birth of a neighbor's baby, please advise us of the correct spelling of the parents' names, and the baby's name, birthdate and weight.

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How to Find a Babysitter

Need a babysitter? Why not join the Co-op. Since sitters are hard to come by here at La Mesa, the Babysitting Co-op is the answer to many people's sitter problems. It's easy, economical, and fun.

The Co-Op is an organization that has been in existence for over ten years. We are La Mesa mothers who babysit for other Co-Op members either during the day at the sitter's home, or evening at your home. There is no money exchanged, except for a one-time \$2 sign-up fee. Instead of paying money, you pay points. They are accumulated from babysitting at the rate of four points per hour.

All sittings are arranged for you through the Co-Op secretary. Sitting is not only

easy, but can be enjoyable, too, so it is easy to collect points.

I hope you will consider joining, for your own benefit as well as your children's. The Co-Op provides opportunities for you to explore parts of Monterey the kids might not enjoy, for you to run errands, or for any other time you may need a sitter.

Your children are always in the care of experienced mothers and it is a great way to meet new people. You can feel confident having a responsible adult caring for your children.

If you have any questions about the Babysitting Co-op or are interested in joining, please call the Co-op chairperson, Pat Acton at 647-9795.

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children's parties
& promotions

games singing magic



animal balloons
face painting

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DORRIS ADAMSON

R S T U V W X Y Z

Mothers of Twins

Monterey Mothers of Twins (MMOT) is a support group for mothers of twins, triplets, etc. Expectant mothers are also welcome. We meet monthly and discuss topics of interest to all MOT. These topics include problem solving, helpful hints, and guest speakers. If interested please contact Karen Harness at 373-0512. We look forward to hearing from you.

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CARMEL

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Holiday Charity Drive

The OSWC of the Naval Postgraduate School is fortunate to have members who are dedicated and hard working. Because of this hard work with bake sales, cookbook sales and Talbott ties just to name a few, we are able to have Easter parties, Christmas parties, and Halloween parades for our children.

Because of this dedication and with the support of the NPS, the OSWC raised \$2000 beyond the target goal for 1988. The members of the club voted to turn this money over to the Holiday Charity Drive Committee who would, in turn, donate it to organizations within Monterey County.

The Holiday Charity Drive Committee spent several weeks contacting organizations, finding out their purposes and main goals. Next, through talks and letters, representatives from the organizations presented the committee with information. Finally, the committee sat down with all the information and deliberated on how the money should be donated.

This particular task was difficult because there are so many non-profit organizations within Monterey County

who rely on federal or state funding or on donations to help individuals with special needs. The committee finally came to the consensus for these organizations to receive the following:

Family Resource Center, Friends of the Children – The sole provider of child abuse treatment services for the large numbers of families in Monterey County who are unable to pay for private treatment. Received \$1250 for children's furniture.

YWCA of the Monterey Peninsula – Emergency Shelter for Battered Women and their Children plus Career Bridge Program, an employment and career opportunity program designed to help women enter the job market. Received \$250 for playground equipment.

Alliance on Aging – The major focus of the agency is to provide assistance to the older population and their families in Monterey County, to support and sustain the frail elderly in their own environment, to promote an active, health-sustaining lifestyle and to maintain the individuality of the human spirit. Received \$250 for Meals on Wheels program.

Crisis Pregnancy Clinic – Counseling and guidance for pregnant women. Received \$250 for car seats.

Each organization offers several services within their programs. To be sure our money was used for appropriate and worthy services, we earmarked the donation given to each organization.

Working on this committee, many of us became very aware of the variety of services these organizations offer to individuals within our community who are facing some hard times. The needs of non-profit organizations are always in high demand despite limited funding. Any form of help, whether it be donations of material items or money, or simply through volunteering your time and services are welcomed and appreciated.

With support from OSWC, we hope this committee can return some of the support the Monterey community has given the military. Anyone interested in becoming involved with the Holiday Charity Drive Committee, or any non-profit organization, can contact Carla Szymanski at 375-6420 or Louise Hawkinson at 647-1451.

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Dear Members of OSWC,

I would like to thank you for considering the Family Resource Center as a recipient of your generous donation. The Family Resource Center is the only mandated child abuse prevention and treatment agency for Monterey County. We are a private, non-profit corporation, formed in 1978 by citizens of Monterey County, and must rely upon the charitable contributions of our fellow concerned citizens for half of our operating budget.

Many of us do not realize that child abuse is a serious problem in Monterey County. In fact, reported incidents of abuse are higher here than the national average. In 1987, there were 3,342 referrals to the Department of Social Services, from which 5,300 children were seen. The Family Resource Center saw approximately 600 children in the Respite Center and 583 family members in counseling.

The Family Resource Center provides three services to prevent and treat child abuse in Monterey County: Family Therapy; Parent Education; and the Respite Project, a therapeutic child care program that meets both the crisis and on-going needs of our clients . . .

Your contribution will be spent on furniture for the Respite Project and psychological materials such as books, puzzles, games and hand puppets, that will be used in the therapeutic process . . .

For the children, thank you for your gift.

Sincerely,

Jennifer A. Vazquez

Respite Coordinator/Parent Educator

Dear Members of OSWC,

. . . The YWCA of the Monterey Peninsula is pleased to be one of the organizations to receive funds from your organization.

Your kind gift helps to provide food, counseling and a safe secure environment so desperately needed by the women and children who seek our help through the Emergency Shelter for Battered Women and their Children. We also provide employment preparedness through the Career Bridge Program which allows the women to make choices without the pressures of economic dependence . . .

Sincerely,

Kathy McAdara

Administrative Assistant

Dear Members of OSWC,

Thank you for the canned food drive that you organized to help us help the homeless. We are still enjoying the fruits of your labors . . .

Sincerely,

Rosemarie Axton, MFCC

Executive Director

Peninsula Outreach

Thank You For Giving

On December 10, 1988 at 10 a.m. approximately 40 people dressed in red and pulling red wagons made their way through La Mesa Village, going door-to-door, kicking off the first ever OSWC food drive. Called the "Giving Wagon" Food Drive, the drive was organized by the newly formed Holiday Charity Drive Committee. The purpose of the committee is to help organizations within Monterey County through fund-raisers and food drives. The recipients of this year's food drive were Peninsula Outreach and The Food Pantry of St. Mary's by the Sea.

Nearly 400 cans of food, along with a bundle of baby items, toiletries and dry goods were collected and divided up between the two organizations.

The Holiday Charity Drive Committee is thankful to the residents of La Mesa for opening their hearts and their cupboards, making our first year very successful.

A special thanks to all the volunteers who took time out during a busy time of year to go door-to-door to collect the food. I would also like to thank all the husbands of the volunteers for their help by watching the children while mom was out collecting food and by driving around unloading our overflowing wagons. To George Chamberlain and John Davidson, thank you for lending your muscles loading the heavy boxes into the trucks and cars.

When the spirit of the holidays once again fills the air, be on the look out for red wagons and help fill them!



Finding A Temporary Home

by Judy Davis

After three weeks in the car with two children, six suitcases, one over-stuffed diaper bag, a collection of juice bottles, crackers, driving toys and books, one travel iron and a set of orders to the Naval Postgraduate School, you arrive in Monterey only to find high-priced hotel rooms overflowing with tourists and a several month wait for housing. What's a weary family to do?

With a little advance planning, military members moving to the Peninsula can avoid that scenario by taking advantage of guest quarters available at Ft. Ord. Just a short drive up U.S. 1 from NPS, Ft. Ord offers a variety of guest quarters ranging from Visiting Officer Quarters (and Visiting Enlisted Quarters) for singles to barracks-style sleeping rooms with community baths

and kitchens and fully self-contained apartments and cottages for families. All units are fully furnished and feature limited maid service.

Reservations for guest quarters may be made up to 60 days in advance for members moving to Peninsula commands with PCS orders, 120 days in advance for those on temporary duty and 30 days in advance for those moving *out* of the area on PCS orders. Guest quarters are also available to personnel on leave and retirees on a space available basis.

While reservations cannot be made for specific type of family housing, reservations do ensure that some type of accommodations will be available. Reservations are highly recommended, especially for those arriving between May and September.

On-post at Ft. Ord, there are 155 VOQ units with private bath, 30 VEQ units with community baths, 55 self-contained cottages, 30 hotel-style rooms with baths and kitchenettes (two with handicapped access) at the Light

Fighter Lodge, five Distinguished Visitors' Quarters (for those O-6 and above) and 153 barracks-style sleeping rooms with shared kitchens and baths. In addition, two cottages, on DVQ and 81 VOQ units are available at the Presidio of Monterey.

Daily rates for those traveling on orders are \$8 PCS, \$15 TDY at the VEQ; \$10 PCS, \$20 TDY at the VOQ; \$16 per cottage; \$17 per room at the Light Fighter Lodge; \$4 per sponsor, \$1 per adult, \$.50 per child for sleeping rooms; and \$20 for DVQ units.

Unlike many "furnished" local motel rooms (many of which don't even furnish linen!), guest housing furnishings include bed linen and towels and kitchens are adequately outfitted for cooking and eating. But bring along a roll of dimes — these units have no phones (although pay phones are available).

For more information or to make reservations, call the Ft. Ord Guest Housing Office at Autovon 929-3181, or commercial at (408) 242-3181 or (408) 394-8103.



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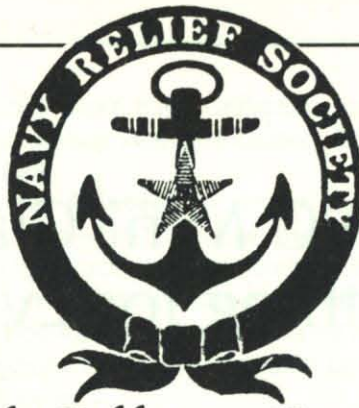
The Officer Students Wives Club invites all new NPS students and spouses to attend a WELCOME ABOARD COFFEE to be held Thursday, April 27, 1989 at 7:30 p.m. in the La Novia Room of Herrmann Hall.

We will have guest speakers, refreshments, and door prizes. The event will feature displays and information on classes, services, activities, and volunteer opportunities in La

Mesa, NPS, and the Monterey community. This is an excellent opportunity to meet other new arrivals and members of OSWC who are anxious to extend a warm welcome to each of you.

No reservations are necessary. We look forward to seeing you for an informative and enjoyable evening!

For more information, contact Michele Dropp at 646-8253.



Navy Relief Offers Opportunities

by Jennifer Church

The Navy Relief Society wishes to welcome you to the Naval Postgraduate School and to offer you several opportunities for involvement while you are here. You will never be short of new and exciting things to do and to learn at Navy Relief.

As Navy Relief volunteers, we are dedicated to helping others, and we do this in many ways. At our office, we offer budget counseling and financial and emergency assistance to any Navy or Marine Corps family in need. Our thrift shop sells clothing, household goods, and furnishings at low cost to the military and its dependents (both

active duty and retired). Our hospitality locker rents household goods, bedding, etc., that you may need to help you move into your new quarters before your household goods arrive. Layette workers knit, crochet, and assemble layettes to give to needy new parents.

With each graduation, we lose precious people who help us staff our office and shops, but each new quarter brings us new volunteers like you! We are excited at the possibility of meeting you and having you share your special skills and talents with the people we are dedicated to helping. Experience

is not necessary — all you need is a giving spirit and some time and enthusiasm. As with most volunteer work, we are sure that you will get even more from Navy Relief work than you give!

For more information, please contact Sandy Green, our chairman of volunteers at 375-4148, or call our office at 373-7665. Feel free to come by the office and meet us — we're in Herrmann Hall, downstairs from the Quarterdeck, and we're open Monday, Wednesday & Friday from 10 a.m. to 1 p.m.

American Red Cross Serves You

The Red Cross Station, serving the military communities at Ford Ord, the Defense Language Institute, the Presidio of Monterey and the Naval Postgraduate School, is located in Building 2662 on the corner of Third Avenue and Tenth Street on Fort Ord. There is also an office located in Room 316 at Silas B. Hays Army Community Hospital. The Red Cross provides emergency and other safety services to the NPS Community. The Red Cross depends on volunteers to provide its programs — to help as caseworkers, to work in the hospitals and clinics or with the Army's Community Health Nursing office, to teach others to give CPR and first aid, to assist in the col-

lection of blood, to act in disaster situations to provide victims with their basic needs, and to serve in administrative and policy positions.

A telephone call to the station can set you on the road to becoming an invaluable asset to your community. At the same time, you can brush up on old skills or learn a new career. In fact, some colleges give credit for volunteer activity and civil service and businesses value Red Cross training and experience on employment applications.

Reach for that phone!

Station: 242-7801

24-hour Emergency: 899-0666

Hospital Office: 242-2713, 242-4318



10½ x 16½

Herrmann Hall
Naval Postgraduate School
by Shari

Full color, limited edition print
signed and numbered by the Artist

available at the
Eagle's Eye Gallery
behind the museum in the basement
of Herrmann Hall

OPEN: MONDAY-FRIDAY 11:30-3:00

372-3565

OSWC Mini Classes: Something for Everyone

by Jan Case

If you are interested in teaching a class, O.S.W.C. Classes would love to know about it. Please phone me, Jan Case at 372-5274, and I will be happy to list your name and class. It's a great way to meet people and put a little money in your pocket! If you are interested in taking any of the classes listed below, please call the instructors for more information.

Aerobics and Toning — Barbara Behrle (647-1690). Aerobics and body

toning using low weights and rubber bands. Class fee: \$2/class, \$12/month (2 times a week) or \$15/month (3 times a week).

Basic Dog Training — Kimberly Kilmer (372-1190). The goal of this class is to teach the owner to train his/her dog, whether it be for show or pleasure, by teaching the basics of dog behavior along with basic obedience. Class consists of behavior molding as well as heeling, sitting, lying down, standing and staying on owner com-

mand. Dogs must be over the age of 6 months (and owners over the age of 18) and must have proof of current vaccinations. All classes will be taught outside of my home with dogs remaining on leash and collar throughout. Half hour classes on an individual basis by appointment. All owners and dogs are subject to my approval and any dogs deemed vicious or with severe behavior problems may be referred to other trainers. Class fee: \$10 per class.

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ette Rau (647-8601). Workshops and ongoing basketry classes in traditional and contemporary styles for the beginner and continuing basketweaver. Classes are 3½ hours — plenty of time to complete most projects. Class fee is \$45 for a three week series. Materials included. Continuing classes are \$25 plus the cost of just the materials you need to replenish. Call for a schedule.

Beginning Tole Painting — Debra DeFries (647-8833). Will learn basic brush strokes needed for tole painting and three (3) finished projects with option to go further. 4 week course/1 morning a week. Class fee: \$16.00, additional materials required.

Body and Soul — Connie Doner (646-8459). This is an aerobics class done to Christian music. Each student is taught how to monitor their own body and individual modifications are made to accommodate each person's need. Child care available. Call for more information. Class fee: \$35 per quarter 2 days a week. \$50 per quarter 3 days a week.

Bowling — Cindy Ariel (372-4211). League Bowling. Runs with the quarters. All women bowlers. Wednesday 9:05 a.m. - noon. Class fee: \$6.

Career Bridge — Bernice Moore (649-0834). Career development assistance: How to figure out what you really want to do, how to make a strategy to get there, and how to market yourself effectively. Speakers from the community.

Ceramics — Kay Hall (649-5394). Beginning to advance level. Currently, I am offering a class on Old World Santa. Class fee depends on piece being taught.

Children's Creative Dance — Terri Grimshaw (624-3799). Creative Dance for children ages three and up. Come and dance, laugh and experience the joy of movement through dance. Class fee: \$15.

Cross-Stitch Instruction — Kathleen Anderson (372-1334). Learn how to cross-stitch. Three 1½ hour classes. You will learn the techniques and different stitches of cross-stitching. You will complete a "welcome" picture and a victorian towel; or if you choose,

you may make three Christmas ornaments. All supplies are included. Class fee: \$25.

Folk Art Painting — Janeen Jones Kopp (649-4167). Learn the basic techniques used to create the "country" look on decorative wood pieces for your home or gifts. Even someone with no experience in art can create beautiful pieces.

Knitting for Beginners — Annette Vanston (646-5287). Beginners knitting will teach you casting on and off, a variety of stitches and pattern reading. Complete a pair of baby booties. Both summer and winter patterns offered. Materials provided for a small fee. Class fee: \$5/lesson.

Piano — Nathalie Plotkin (373-5671). Individualized instruction in piano and music theory and how it applies to the music. Children and adults. Your home or mine. Class fee: \$7.50/half hour.

Piano — Kazuko H. Mockett (624-9596). To teach each student at their own pace, to read and play music as well as to understand theory. Students are also encouraged to write their own music and, in general, to form a better understanding of the art of music which will enrich the rest of their lives. Class fee: \$9.00.

Piano-Harpsichord Instruction — Katie Clare Mazzeo (372-2233). Piano and harpsichord instruction/private lessons to be discussed with student.

Racquet Sports Instruction — Kent Allison (646-2481/2161). Beginner to advanced. Individual or group. Shots, strategy, conditioning, etc. Times individually determined. Class fee: \$15/hour, \$8/group rate.

Suzuki Violin and Viola Lessons — Mildred Kline (624-9541). Lessons for children from four years to adults. Half hour lessons by appointment. Class fee: \$10.

Tennis Instruction — Jane Porter (372-8812). Beginner to advanced lessons — private, semi-private and group lessons. Learn the fundamentals of the forehand, backhand, serve, volley, overhead and lob. Singles and doubles strategy, serving, rules and etiquette. Professional Racket String-

ing.

Two of Hearts Prenatal Aerobics — Teresa Powell (373-5473). The program emphasizes pelvic floor toning, mild cardiovascular workout, flexibility and toning, and relaxation techniques (IDEA certified instructor). Class fee: \$25/month or \$3.25/class.

Tutoring:

Spanish Tutoring — Laura A. Query (375-8621). All levels taught.

Tutor — Marion S. Wilson (373-3845). Tutor for all elementary grade subjects and speech and drama.



Eagle's Eye Gallery

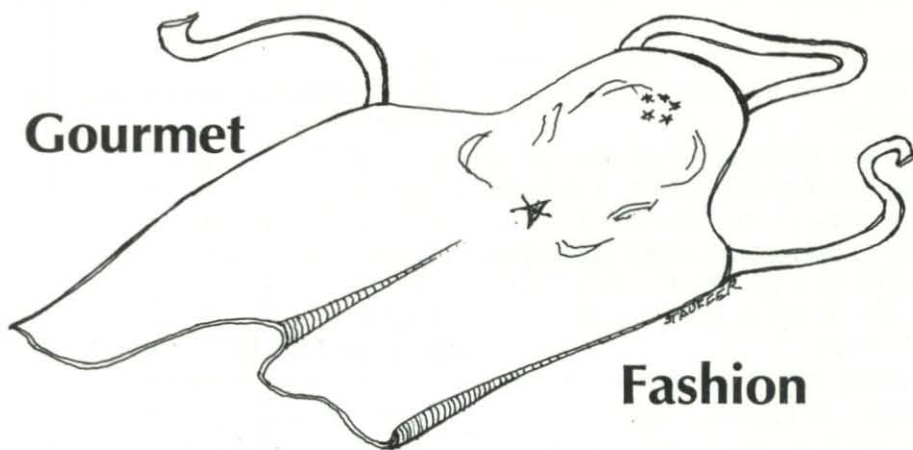
by Evelyn Wood

Are you artistic? We all have an urge to express ourselves. Whether you are an established or aspiring artist, the Eagle's Eye Gallery at the Naval Postgraduate School is the place for you!

As a member of the Gallery, your work can be exhibited and sold there. Men and women share managing the Gallery and enjoy the association with other active or retired military or spouses of either. For more information as to the requirements, please call 372-3565, Monday to Friday from 11:30 a.m. to 3 p.m. Eagle's Eye Gallery is located in the basement of Herrmann Hall.

Don't put off your artistic development! Make the most of your talent NOW!

Gourmet



Fashion

What will the fashionable cook be wearing as she prepares those scrumptious recipes from the *A Taste of NPS* cookbook? The OSWC Scholarship Fund's apron, of course!

It is a navy blue chef's apron and features the "Recipe for a Military Wife" silk screened in white on the front. The artwork was done by Alice Stauffer. This unique apron makes a great gift for not only NPS wives, but all military wives. Also it's a wonderful companion

to the cookbook! The price is a low \$12; and as with the cookbook, all proceeds will benefit the OSWC Scholarship Fund.

The kickoff date for the sale of the aprons is March 4 at the Bargain Fair at La Mesa School. If you can't make the Bargain Fair, there will be other opportunities to buy, but don't wait too long. Watch for advertisements; or for more information, please contact Marie Chamberlain at 649-8410.

OSWC Scholarships Available

For the second consecutive year, the Officer Students Wives Club of the Naval Postgraduate School will offer a number of scholarships for college and graduate study. The scholarships will be awarded on the basis of overall merit, academic promise and participation in extracurricular activities. Dependent spouses and children of active duty personnel stationed at NPS and its tenant commands are eligible to apply for the awards.

Scholarship applications will be available beginning March 1, 1989, from the guidance offices of Monterey, Seaside, Pacific Grove, Carmel and Salinas High Schools, and through the Family Service Center at NPS. The deadline for receipt of applications is May 31, 1989.

For more information, please contact the Scholarship Committee at 649-8410.

"Mmmm Good!"

We are very proud of our OSWC cookbooks which have over 200 pages and 650 recipes of tried and true delectable delights. The original artwork for the cover and divider pages was done by NPS wives. This is sure to become one of your all-time favorites. The cookbook will be on sale at all OSWC functions. Watch the Pink Flyer and other newsletters for other locations and dates of sales. The cost of the cookbook is only \$8 and all proceeds benefit the OSWC Scholarship Fund. If you have any questions, please call Janie Corliss at 375-6114.



Cotton Bale is the shop to find your Decorator Fabrics! Select materials to do your own projects, or have Cotton Bale make your draperies, spreads, dusters, shams, shades, window seats, table cloths, etc. And also, pick out a coordinating wallpaper and a pretty hand embroidered lace pillow.



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Easter EGG- stravaganza

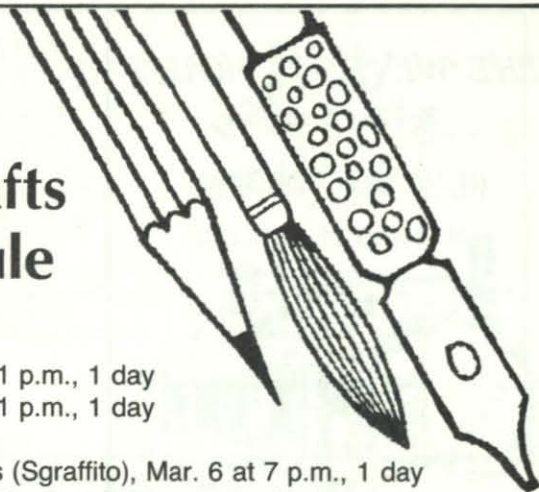
The annual OSWC Easter EGGstravaganza will take place on Saturday, March 18, 1989, from 10 a.m.-1 p.m. on the grounds of the Naval Postgraduate School (grassy area between Herrmann Hall and the swimming pool).

The event will be kicked off with the arrival of the Easter Bunny, followed by an Easter Egg Hunt for children, ages infant to ten. There will also be an Easter Bonnet Contest, games for the older children and much, much more.

Come join us for this special event which promises to be fun for the entire family. You may register your children by filling out the form in the Pink Flyer, or by submitting their names and ages to the Committee Chairman via SMC #2393.



Ft. Ord Arts and Crafts Class Schedule



Airbrush

Workshop, Mar. 11 at 1 p.m., 1 day

Workshop, Mar. 29 at 1 p.m., 1 day

Ceramics

Decorating Techniques (Sgraffito), Mar. 6 at 7 p.m., 1 day

Softie Easter Rabbit, Mar. 8 at 6:30 p.m., 2 wks.

Basic Ceramic Pouring, Mar. 13 at 7 p.m., 1 day

Decorating Techniques (Matt and Satin Glazes), Mar. 20 at 7 p.m., 1 day

Basic Ceramic Pouring, Mar. 27 at 7 p.m., 1 day

Children's Classes

Easter Eggs (Ceramic), Mar. 5 at 2:30 p.m., 1 day

Fine Art

Flowers (Oils), Mar. 4 at 9:30 a.m., 1 day

Rocky Point Arch on the Big Sur Coast (Oils), Mar. 12 at 1:30 p.m., 2 wks.

Pacific Grove Lighthouse (Watercolor), Mar. 14 at 6:30 p.m., 3 wks.

Seascape with Silver Lining Clouds (Oils), Mar. 18 at 10 a.m., 2 wks.

Golden California Landscape (Pastel), Mar. 20 at 6:30 p.m., 3 wks.

Folk Art

Advanced, Mar. 6 at 6:30 p.m., 2 wks.

Intermediate, Mar. 14 at 7 p.m., 2 wks.

Jewelry

Casting, Mondays at 6 p.m.; Saturdays at 10 a.m.; Sundays at 1 p.m.

Stone Cutting, Wednesdays at 6:30 p.m.; Saturdays at 10 a.m.

Silversmithing, Tuesdays at 6:30 p.m.

Gem Stone Setting, Sundays at 1 p.m., Mondays at 6 p.m.

Matting and Framing

Basic Matting and Framing, Wednesdays at 6:30 p.m.

Photography

E-6 Slide Processing, Mar. 7 at 6:30 p.m., 1 day

Copy Workshop, Mar. 8 at 6:30 p.m., 1 day

Darkroom Techniques, Mar. 15 at 6:30 p.m., 2 wks.

Pottery

Raku Firing Techniques, Mar. 5 at 11 a.m., 1 day

Wheel Throwing Techniques, Mar. 7 at 7 p.m., 6 wks.

Wheel Throwing Techniques, Mar. 15 at 2 p.m., 6 wks.

Raku Firing Techniques, Mar. 26 at 11 a.m., 1 day

Sewing

Fabric Magic, Mar. 1 at 7 p.m., 3 wks.

Fabric Magic, Mar. 22 at 7 p.m., 3 wks.

Upholstery

Workshop, Tuesdays at 6 p.m.; Wednesdays at 6 p.m.

Wood

Power Tool Qualification, Saturdays at 9 a.m.; Sundays at 9 a.m.

Be sure to sign up for all scheduled classes in advance at the Arts and Crafts Sales Store, located between 2nd and 3rd Avenues on 8th Street. For more information, call the Program Office, 242-3584.

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USPA & IRA Scholarship Offered

On behalf of the USPA & IRA Education Foundation, the Officer Students Wives Club of the Naval Postgraduate School has available a \$1,000 scholarship for a deserving student who is a dependent child of an active duty, retired or deceased military member. The scholarship monies are applicable toward undergraduate degree-seeking studies only.

Applications will be made available upon request after March 1, 1989, by contacting the OSWC Scholarship Committee Chairman, SMC 2395,

Naval Postgraduate School, Monterey, California 93943, or by telephone at 649-8410. The deadline for receipt of the applications to the above address is May 31, 1989. Applicants will be notified of the Scholarship Committee's decision no later than June 15, 1989.

For further information, please contact the OSWC Scholarship Committee Chairman, Marie Chamberlain, at the address or telephone number above.

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Navy Preschool Annex Fundraiser

The Navy Preschool-Annex will hold its annual fundraiser on Thursday, March 16, from 7-9 p.m. at the La Mesa Community Center. The event will feature a variety of home party dealers and craftspeople offering items for sale, with a percentage of the profits benefiting the school. There will also be a number of door prize drawings. The sale is free and open to the public. For more information, call Valerie at 647-9117 or Jan at 372-5274.

Funds from this event will help support school field trips and ongoing projects such as equipment and grounds improvement. Last year's fundraiser helped to purchase tricycles.

Also, the preschool will be sponsoring a May Day bake sale in front of the SMC boxes on May 1. We hope to see you there.



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375-1324

Evening Bible Studies

You may have heard of the La Mesa Women's Bible Studies, but did you know that Evening Bible Studies for couples and singles have also been meeting in La Mesa for over 20 years? These studies are sponsored by the Officers' Christian Fellowship (a national, interservice, interdenominational organization) and the NPS Protestant Chapel, and everyone is welcome!

There are currently groups meeting in members' homes on Friday evenings at 7:30 for about two hours. One study, open to anyone, has international couples from five different countries studying the Bible together. These studies provide a relaxed (no pop quiz-

zes, we promise!) evening out with your spouse as well as the opportunity for you, as a couple or single, to explore the mysteries and the truths of God's Word.

Call the Protestant Chapel (646-2241) or Rick Breckenridge (649-8152) for specifics on topics and locations of the groups.

Vacation Bible School

The Catholic and Protestant Chapels come together the third week of every summer to sponsor Vacation Bible School (VBS) at La Mesa School. As the highlight of the summer for many children, this annual event is a five morning frenzy of activity involving Bible stories, crafts, games, songs, snacks and fun. Over 350 children participated last year.

VBS is open to any NPS-affiliated child between the ages of 3 and 11 (or fifth grade graduate). Many, many people are needed to help with the planning and it's a good way to become acquainted with people in the La Mesa community. Child care is provided, free, to workers at VBS, along with a special class for two year old children of those same workers.

VBS is non-denominational and planning meetings and activities are going on now. For more information, both about helping and about attending, contact the Protestant (646-2241) or Catholic (646-2242) chapels.

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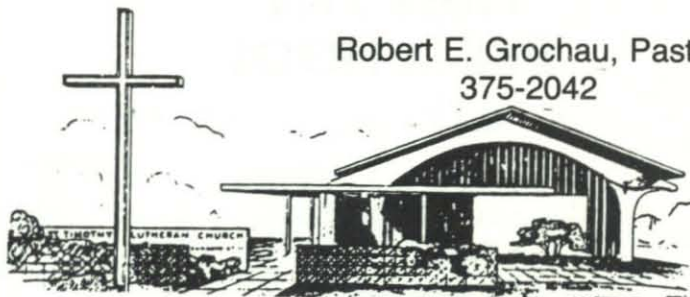
Peninsula Christian Center

520 Pine Ave. • Pacific Grove, CA 93950 • (408) 373-1922



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375-2042



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Welcome to Christ the King Chapel

The chapel family of Christ the King Chapel welcomes you to the Naval Postgraduate School. We hope your stay here will prove to be one of the most exciting, challenging, and spiritually enhancing tours in your military career. The pastoral staff is excited about your being here and for the opportunity to be of service to you and your loved ones.

The Protestant Chapel family is a very warm and friendly congregation. We invite you to join and to participate in the ministry of this family. Christ the King Chapel has a place for all: singles, married, children, youth and adults. We provide numerous opportunities for you to worship, serve and grow in knowledge of God's word.

Sunday Morning Worship is at 9:30 and 11 a.m. Child care is provided free of charge at the NPS Child Development Center. The Chapel is located between the Quarterdeck and the Ball-the La Mesa Women's Bible Studies have encouraged women in their spiritual growth and commitment by offering studies relevant to their needs. This organization, though sponsored by the Protestant Chapel, is open to all denominations. The ladies also form a close Christian fellowship, providing a support system of prayer and encouragement. "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control." (Galatians 5:22,23)

Each quarter, new studies are introduced at either a brunch or coffee held in Herrmann Hall. At this time, opportunity is given for each lady to be introduced to that quarter's leaders, hear a synopsis of each of the studies to be offered, and enjoy a nice time of fellowship. At the close of the brunch or coffee, attending ladies will be given the opportunity to sign up for one of the seven to nine studies and register their children for child care as well. Opportunity is also given to women to sign up for studies after the brunch and before the start of the new quarter. However, the earlier each lady signs up,

terest and spiritual growth. Come and contribute your time and talents for the glory of God in the NPS community. We look forward to meeting and fellowshiping with you.

Muslim Services

Muslim services are held every Friday at 1 p.m. in the East Wing of Herrmann Hall in Room E518. Imam's name is Mohammad Al-Haise. For information, call (408) 375-4551, evenings. Acting Imam is Issam Yasin Al-Metlaq. For information, call (408) 646-9085, evenings. All are invited to join us.

EPISCOPAL



ST. JOHN'S
CHAPEL

CHURCH

MARK THOMAS DR. & JOSSELYN CANYON RD.
MONTEREY 375-4463

(A walk away from NPS)

SUNDAY

8:00 a.m. - Holy Communion

9:15 a.m. - Family Service &
Sunday School

11:00 a.m. - Divine Worship

Nursery Care at both 9:15 a.m. and
11:00 a.m. Services



Jerome F. Politzer
Rector

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Biblical Teaching,
and Apostolic
Fellowship.

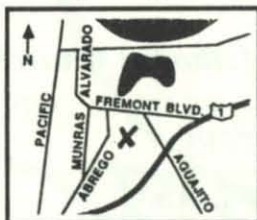
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teaching for today's challenges

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Evening Bible Studies

You may have heard of the La Mesa Women's Bible Studies, but did you know that Evening Bible Studies for couples and singles have also been meeting in La Mesa for over 20 years? These studies are sponsored by the Officers' Christian Fellowship (a national, interservice, interdenominational organization) and the NPS Protestant Chapel, and everyone is welcome!

There are currently groups meeting in members' homes on Friday evenings at 7:30 for about two hours. One study, open to anyone, has international couples from five different countries studying the Bible together. These studies provide a relaxed (no pop quiz-

zes, we promise!) evening out with your spouse as well as the opportunity for you, as a couple or single, to explore the mysteries and the truths of God's Word.

Call the Protestant Chapel (646-2241) or Rick Breckenridge (649-8152) for specifics on topics and locations of the groups.

Vacation Bible School

Jewish Chapel

Chapel information for Jewish believers is as follows: Every Friday evening, 8:15-9:15 p.m., a Worship Service is held in the Jewish Chapel at Ft. Ord (Bldg. 1885), located on 5th Street between 1st and 2nd Avenues. The service is followed by a time of fellowship.

For further information, please contact Chaplain William A. Greenebaum, III at 242-5310.

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Welcome to Christ the King Chapel

The chapel family of Christ the King Chapel welcomes you to the Naval Postgraduate School. We hope your stay here will prove to be one of the most exciting, challenging, and spiritually enhancing tours in your military career. The pastoral staff is excited about your being here and for the opportunity to be of service to you and your loved ones.

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Sunday Morning Worship is at 9:30 and 11 a.m. Child care is provided free of charge at the NPS Child Development Center. The Chapel is located between the Quarterdeck and the Ballroom in Herrmann Hall. Sunday School for children and adults meets at 9:30 a.m., children in Ingersoll Hall and adults in Herrmann Hall. If you like to sing, consider becoming a member of one of our several choirs. We feature traditional, contemporary and gospel music.

The Prayer Breakfast Fellowship, which meets every Wednesday in the El Prado Room of Herrmann Hall, is an excellent prayer support group. You will be tremendously blessed by the testimonies and messages presented by your fellow students.

The two Protestant Chaplains, Chaplain Jayne and Chaplain Gilbert, are leading a Bible study entitled: "Kerygma: The Bible in Depth". There are many other Bible studies sponsored by the Command Religious Programs. The Officers Christian Fellowship, The Campus Crusade for Christ, and the Navigators are actively involved in the ministry of the chapel.

Come and join your classmates, friends, and neighbors in a chapel program that is designed for your in-

terest and spiritual growth. Come and contribute your time and talents for the glory of God in the NPS community. We look forward to meeting and fellowshiping with you.

Muslim Services

Muslim services are held every Friday at 1 p.m. in the East Wing of Herrmann Hall in Room E518. Imam's name is Mohammad Al-Haise. For information, call (408) 375-4551, evenings. Acting Imam is Issam Yasin Al-Metlaq. For information, call (408) 646-9085, evenings. All are invited to join us.

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(A walk away from NPS)

SUNDAY

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9:15 a.m. - Family Service &
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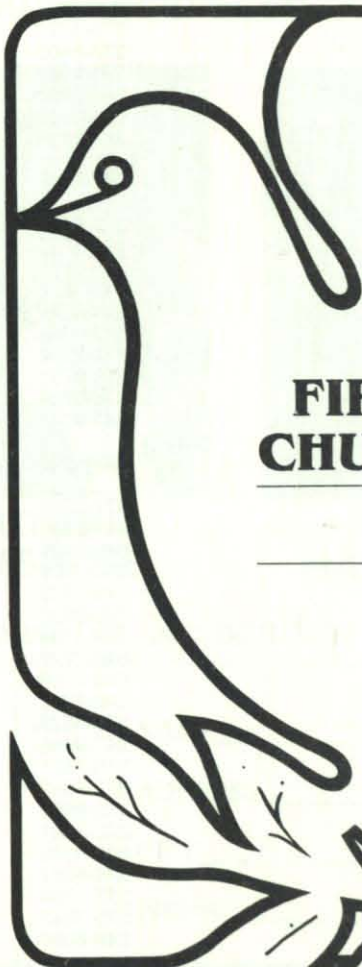
11:00 a.m. - Divine Worship

Nursery Care at both 9:15 a.m. and
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Officer Student Advisory Council

To those of you just reporting to NPS, WELCOME ABOARD on behalf of the Officer Student Advisory Council (OSAC)!

OSAC was created to provide NPS students an organization designed to inquire into issues of student interest relating to academic and quality of life support at NPS. The student council is

comprised of 48 members with one representative for every thirty-five students from each curriculum. OSAC conducts its meetings at 1515 on the third Tuesday of every month in Root Hall, Room 202. Visitors are welcome to attend. Minutes are posted outside curriculum offices every month.

OSAC members forward student is-



by LCDR Jim Kear

OFFICER STUDENT ADVISORY COUNCIL ROSTER

TITLE	NAME	PHONE
OFFICERS:		
Chairman	Jim Kear	373-2014
Vice Chairman	Pat Salsman	646-1664
Recorder	Roy Crowe	647-1868
REPRESENTATIVES:		
Aeronautical Engineering	Russ Scott	373-0375
	John Sommers	624-0741
Air-Ocean Science	Paul Hoffman	373-8775
	Debra Ford	372-8405
	Frank Daggett	625-1583
Administrative Science	Larry Johnston	646-5923
	Thomas Strei	655-1372
	Beth Allinder	649-1016
	Richard Florek	
	James Naber	647-9445
	Joseph Purcell	
Anti-Submarine Warfare	Todd Bostock	375-6533
	Scott Tilden	394-1523
	Sara Zak	655-0675
	Kevin Denham	647-1856
Command & Control/Space Ops	Randy Dragon	394-8047
	Bill Hartung	649-0354
	Joel Swanson	372-7252
Computer Technology	Randy Wight	373-3791
	Randolph Strong	375-9609
	James Seveney	647-9117
	Cindy Clark	
Electrical Communications	Daniel Ronan	647-1280
	Laura White	
	Tim Nickerson	372-2268
	John Lawson	647-9315
	Al Pepper	646-5420
Naval Engineering	Greg Pitman	646-1909
	Scott McKernan	375-1232
	Pete Suthon	375-8890
NSA/Naval Intelligence	Steve Metz	372-4104
	J.F. Taylor	646-2228
	R.E. Rehbein	646-2228
	Robert Knowles	649-4372
	C.B. Divis	373-3577
	M.C. Vitale	647-9446
OSWC Liaison	Mary Lou Pilnick	375-3521
Operations Analysis	Edward Biggers	372-4362
	Jay Moughon	375-8951
	Joseph Schneider	372-2391
	Jeffrey Cares	649-0845
Weapons Engineering	Tom Schwartz	375-9887
	Bob Dees	375-0704
	Rick Downs	375-3842
	Tim Batzler	646-8089

sues and concerns through participation in numerous other councils and committees at NPS including: Academic Council, Faculty Council, Officers' and Faculty Advisory Board, Library Council, Computer User's Council, and Recreation Council.

In the past, the Officer Student Advisory Council has played an active role, in whole or in part with other councils and administration, in academic and quality of life improvements including: increased student auto and motorcycle parking, La Mesa/Point Sur housing issues, parking lot security lighting and active duty and dependent medical issues. OSAC has also been active in improving services provided by the exchange/bookstore, library, recreation facilities, Officers Club, mobile canteen and vending machines and improving computer users' services.

If you have a concern or issue, the OSAC is here to represent you and to continually strive to make student and family life at NPS better. Should you have any suggestions, questions or concerns, feel free to contact your curriculum representative listed below. Student Council suggestion forms are also located in a box in the SMC area, Herrmann Hall. If you are interested in becoming involved in student government and would like to become a student council representative, please call me at 373-2014.

Again, for those of you new to the area, WELCOME ABOARD and enjoy your tour in Monterey!

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International Fair With Cultural Flair

by Merrily Stover

One of the most enjoyable festivals in the Monterey area is International Day and Night. Hosted by international students and their families and sponsors, this annual event is open to the public and will be held Saturday, May 6, 1989, on the NPS campus. The festivities are divided into two sets of ac-

tivities. The daytime activities are from noon to 3 p.m., are outdoors and are free. The evening performances are indoors, beginning at 7 p.m. and admission is charged.

For the daytime festivities, booths are set up by many different countries with free samples of international food.

Many of the participating families wear their traditional outfits as they offer samples of native dishes. The food is delicious, and tastes are offered from around the world. Folk music plays in the background and posters proudly display the beauty of each country. International day activities are free and take place at the Root Hall arcade. Souvenir T-shirts will be for sale, as will the International Cookbook. All of the proceeds raised through the fair are used to help provide emergency funding for the international community.

The evening activity is an international variety show presented by students and their families in King Hall. Traditional dances and songs are performed, and ceremonies and fashions displayed from a whole variety of countries. The talent has always been remarkable! With a long history of good reviews, International Night sells out each year.

The Annual International Day and Night is set for May 6, 1989. *International Day*: noon - 3 p.m., Root Hall Arcade, free. *International Night*: 7 p.m., King Hall. Advanced ticket sales: adults, \$6.50; seniors (65 and older) and children (3-12), \$4.

At press time International Day and Night was still in the planning stages. Contact the International Education Office (Ingersoll 364) at 646-2186 for ticket sales and to confirm prices of tickets.

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National Naval Officers Association

In 1944, thirteen black Americans received commissions as officers in the United States Navy. These pioneers became endearingly known as the "Golden Thirteen".

In 1949, Wesley A. Brown became the first black American to graduate from the United States Naval Academy. Twenty years later saw only 35 additional black Academy graduates. This glaring shortfall became a motivating concern for a select group of minority officers. In 1972, through invitation of the Naval Academy, these and other concerned officers met to form the National Naval Officers' Association (NNOA). The years following the inception of the organization have seen over 450 minority Academy graduates.

The NNOA actively assists in the recruitment and retention of minority officers and the identification of problem areas throughout the naval service.

The organization is composed of active duty, reserve and retired military officers. Sanctioned by the Secretary of the Navy and the Secretary of Transportation, it is also a member of the Navy and Marine Corps Council. The Monterey Chapter of the NNOA is composed of Navy, Marine Corps, Coast Guard, Army and Air Force officers who are presently completing graduate-level studies at the NPS.

The purpose of the organization is to support the mission of the Coast Guard, Navy and Marine Corps. Positive images of the Navy are promoted throughout the community by assisting area high schools and colleges through information forums, tutorial services and job fairs, working with Big Brother/Big Sister organizations, providing charitable contributions to the needy, acknowledging and honoring outstanding high school students and much more. A concerted effort to re-

cruit and retain qualified minority officers is continually pursued in order to increase the current minority officer level within the naval services.

In support of the United Negro College Fund (UNCF), NNOA and the NPS Equal Employment Office will be hosting a UNCF Dinner Dance on Saturday, April 22, 1989, at 6:30 p.m. This gala event will be held in the Barbara McNitt Ballroom, Herrmann Hall. All are invited to join in this celebration. The attire is semi-formal. Ticket price is \$25 per person; all proceeds will go to the UNCF. Tickets are available at the NPS Recreation Office (646-2466).

For more information on this event, please call LCDR Andy Winns at 646-0469.

For information about NNOA or any of its activities, please call LT Earl Goodson at 373-0170.

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La Mesa Beautiful

The O.S.W.C. has formed a new committee, *La Mesa Beautiful*. Its purpose is to assist in the improvement of playgrounds and common living areas of La Mesa housing by providing funds for materials used in self-help projects that better the quality of life in La Mesa. Some examples of possible projects:

- a. Renovate the teen center.
- b. Provide benches for playgrounds.
- c. New sand for playgrounds.
- d. Repair broken playground equipment.
- e. Flowers or landscaping for common areas.

- f. Repaint playground equipment.
- g. Improve community center.
- h. Improve ball fields.

Organizations such as Girl Scouts, Boy Scouts, etc., as well as La Mesa residents are eligible to request funds.

Requests are to be submitted to the *Beautification Committee*. The committee will make a recommendation to the O.S.W.C. Executive Board. If the Executive Board approves, the request will be submitted to the NPS Military Operations Department. Upon final approval, a check from the La Mesa Beautification Fund will be issued.


There are some restrictions. First, the request must seek to improve a building, playground or common area in La Mesa housing. Don't even think of applying to add on a garage or fourth bedroom to your set of quarters. Remember, everyone is to benefit from the project, not just your Volvo. Also, projects must be maintainable by housing and public works.

If you would like to submit a request for funds, or if you are interested in serving on the La Mesa Beautiful Committee, please contact Jean Josefson, 372-2756.

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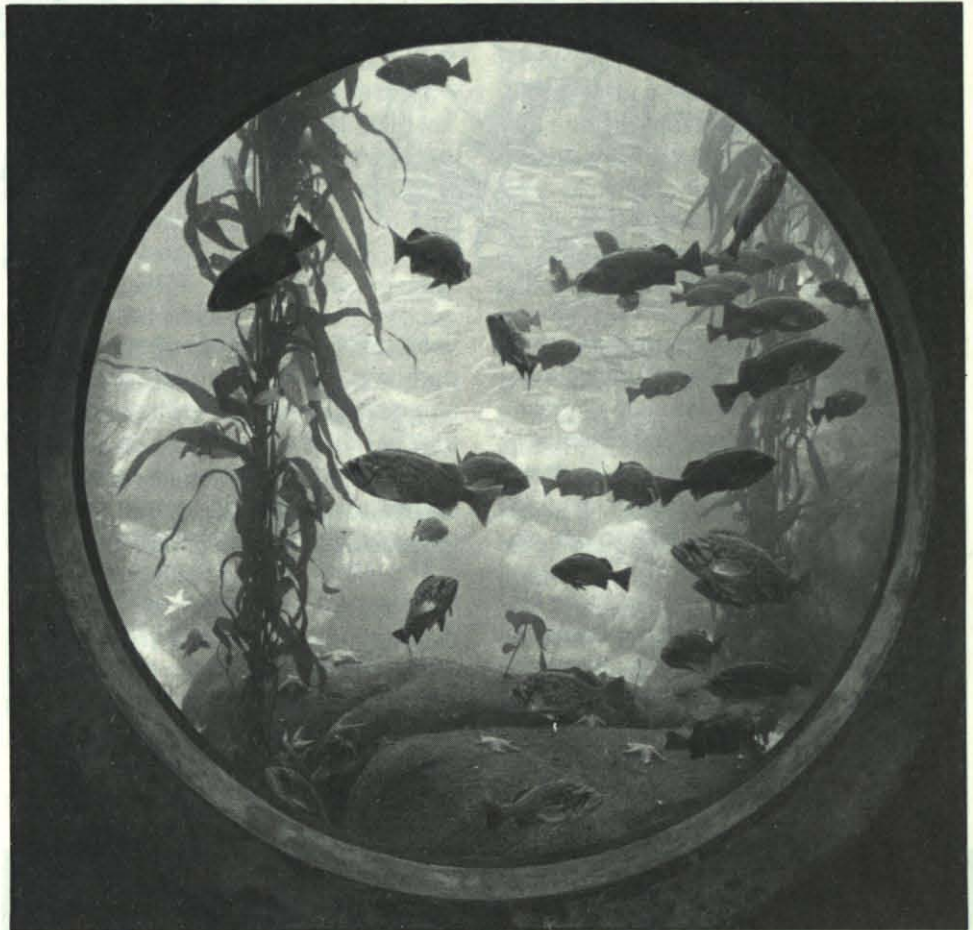
The city of Monterey is proud host to the world-class Monterey Bay Aquarium. It is a popular place to visit for tourists as well as residents, but we clearly have the advantage by living in this area and being able to visit several times per year, taking advantage of short weekday lines and money-saving membership plans. Better still, we are able to become volunteers in a number of various positions there, garnering such rewards as free admission, family guest passes, discounts at the Gift and Bookstore, newsletters, social activities, field trips and library access.

Located at the north end of Cannery Row, the aquarium boasts two floors of exhibits, both indoors and out. On the first floor you can enjoy exhibits of various sea life including birds, mammals and fish of the sea in the intertidal zone, shore creatures, and stream and marsh life. Volunteers assist you at the hands-on exhibits where you can more closely study such creatures as bat rays, sea cucumbers, crabs and oceanic vegetation. The Whale section educates with life-like models and an on-going video presentation. Nearby, sea otters romp in a 55,000 gallon tank.

Upstairs, take in a scientific study period at the Kelp Lab, where more volunteers assist with microscopes and more detailed information. Also upstairs you can enjoy a gallery where temporary exhibits deal with various topics concerning the sea.

Combining the two floors is a 90-foot long display of a three-story kelp forest that takes the visitor into an undersea world seldom seen except by divers. You can stand transfixed as various schools of fish swim past, and gaze into the faces of sharks and other open-ocean fish.

A special "not to be missed" exhibit is that of Mexico's Secret Sea, the Sea of Cortez, which will be in the Aquarium until the end of September, 1989. This exhibit features the beautiful animals and plants of the tropical waters of Baja



California. The creators of the exhibit followed the paths of Ed Ricketts and John Steinbeck, who gathered specimens in the 1940s in the same area. Steinbeck's book *The Sea of Cortez*, is an accounting of their adventures. Admission to Mexico's Secret Sea is included in the price of regular admission.

The many exhibits in the Monterey

Bay Aquarium offer something to please every member of your family. A stay on the Monterey Peninsula would not be complete without this excursion. The aquarium is open daily from 10 a.m. to 6 p.m., except during Christmas. For more information about the wide variety of activities at the aquarium call 375-3333 and ask about volunteering or becoming a member.

Joan Hunter
Agent

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Local Installations Offer Child Care, Preschools

By Diane Cameron

Every time the Navy moves you, that nagging question, "What do we do with the children?" comes up again. Whether you need time for job hunting, attending classes, or simply getting groceries or unpacking them, finding someone to watch the children can be quite a feat in a new town. Of course you can always try dumping them on the neighbors, but when you can't quite remember their first names, this can be a little tough!

Here in Monterey, both the Navy and the Army provide Child Development and Preschool Centers. The Child De-

velopment Centers offer both full- and part-time child care. Military-sponsored preschools in the Monterey area accept children ages three through five, provided that they are toilet trained and that the five year olds are not yet attending kindergarten.

The Navy Child Development Center facilities are sponsored by the Naval Postgraduate School (NPS) Recreation Department and are located within a five minute drive of La Mesa housing. The NPS Child Development Center and the NPS Preschool are located in building #238 near the gym-

nasium, on the school grounds. The NPS Child Development Center-Annex is located at the Community Center (building #58) in La Mesa. The Navy Preschool-Annex is in building #25 at the NPS Annex on Airport Road, next to the Fleet Numerical and Oceanographic Center.

Parents who are Department of Defense employees, both military and civilian, as well as other NPS students and NPS faculty, are welcome to utilize these facilities.

CHILD CARE

The NPS Child Development Center, located on the school grounds, provides both full- and part-time child care for infants who are four weeks old, and for children up to and including age 10. Children ages three through 10, in need of part-time care, can attend the NPS Child Development Center-Annex in La Mesa provided that they are toilet trained. There is also room at the La Mesa facility for four two-year-olds provided that they are completely toilet trained.

To keep things simple, the La Mesa facility does not offer hot lunches, nap times, or diaper changing services. However, they do provide a full range of activities, a light snack, and you may bring sack lunches for your children.

You need to show a current immunization record for each child, and fill out a Personal Data Card. This card includes information on where you and your spouse can be located, as well as the name and number of a friend or neighbor who can be called if neither you nor your spouse can be reached. The center is not equipped or staffed to care for handicapped children, so if special needs exist, please consult



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Mrs. Mull, the director, before making reservations.

Reservations

You can make advance reservations for part-time child care at the NPS Child Development Center or the NPS Child Development Center-Annex by calling 646-2734 weekdays between 7:30 a.m. and 5:30 p.m. Reservations will be taken starting on Mondays, for the following week, and will be held for 30 minutes after the appointed time. Cancellations are required, and walk-ins are not accepted. For same-day reservations or cancellations at the NPS Child Development Center-Annex in La Mesa, please call them directly at 646-2340. Space is limited, so plan ahead!

How to make reservations for full-time child care varies according to your status. Parents who are active duty military personnel assigned to NPS will be given first priority in the assignment of full-time child care. Once your children are accepted for full-time care, you are assured of this care for the remainder of your tour. Anyone else wanting full-time child care will get it provided that there is space available.

Hours of Operation

NPS Child Development Center at the School:

Mon.-Thurs: 7:45 a.m.-5:30 p.m.

Fri.: 7:45 a.m.-12:15 a.m. Sat.

Sat.: 5 p.m.-12:15 a.m. Sun.

Sun.: as arranged by the chaplains.

NPS Child Development Center-Annex in La Mesa:

Mon.-Fri.: 8:45 a.m.-1 p.m.

Fees and Charges

Part-time child care costs are \$1.60 per hour for one child, and \$1.20 per hour for each additional child.

Friday and Saturday evening hours, the first child is \$2 per hour, and each additional child is \$1.50 per hour.

Meals cost \$1.50, snacks are 25¢, and there is a 30¢ charge for feeding babies who come in with their own food. A special note about this: baby food should arrive in unopened jars, and all bottles and jars must be labeled and dated.

For full-time care, the fees are \$220 per month for one child, and \$165 per

month for each additional child. If you are Enlisted, E-6 or below, fees are \$190 per month for one child and \$140 per month for each additional child. Full-time child care fees include the cost of one meal and two snacks daily.

A penalty charge of \$1 per child for every five minutes beyond scheduled closing time will be levied, and there are no exceptions!

Miscellaneous

At the NPS Child Development Center at the school, a nap or rest time is observed for all children between 1 and 2 p.m., and parents cannot drop off or pick up their children during this hour. Please bring your children in play clothes, and provide proper outdoor gear for children aged 18 months and older, as they will be able to go outside to play, weather permitting.

If you are dropping your children off for the evening, they must arrive by 7 p.m. It is also recommended that children arrive dressed for bed, with adequate outer clothing.

Special crafts and activities are planned for each age group, with a listing

posted within each class. Feel free to look it over and plan some of your outings, so that your children can take part!

PRESCHOOLS

The purpose of these programs is to meet any of the needs of the child during the preschool years. This includes their physical, emotional, social, and intellectual growth and development. This will be accomplished through educational games, arts and crafts, stories, and music. Sessions provide the children with time to learn and play on their own, as well as in more structured settings.

NPS PRESCHOOL

The NPS Preschool offers both morning and afternoon classes for children aged three through five. Three year olds attend sessions on Tuesdays and Thursdays. Four and five year olds can attend on Mondays, Wednesdays and Fridays, or five days a week. All sessions run for two and half hours, and a snack is provided. There are

Continued on next page

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Preschools

Continued from previous page

never more than 12 children in a class, and children must be toilet trained to attend.

Reservations

Winter classes run from September through mid-June, and the summer program runs in July and August. Contact Mrs. Mull, the director, at 646-2734 if you wish to enroll your child.

Hours of Operation

Morning sessions: 9:30 a.m.-12 p.m.
Afternoon sessions: 1-3:30 p.m.

Fees and Charges

Three year olds — ~~\$45~~⁵⁰/month, two days weekly; Four/five year olds — ~~\$60~~¹⁰⁰/month, three days weekly; Four/five year olds — ~~\$90~~¹⁰⁰/month, five days weekly.

Payments are due in advance, and no refunds will be made for absences due to illness or family vacations. Please notify Mrs. Mull two weeks before you intend to withdraw your child from this program. Children can be transferred to child care, and lunch for a \$1.50 charge, if reservations are made in advance. Once in child care, the hourly rates mentioned above will apply. 1.60 1.30 each

NAVY PRESCHOOL-ANNEX

The Navy Preschool-Annex also offers morning and afternoon classes for children aged three through five. All sessions run for two and half hours, and a snack is provided. The student-

teacher ratio is 10 to one, and children must be toilet trained. Children aged three through five can attend classes two or three days a week in the mornings or afternoons. An alternative for four and five year olds is to have them attend five days a week in the afternoons. Children attending twice a week will have class on Tuesdays and Thursdays, while children attending three times a week will have classes on Mondays, Wednesdays and Fridays.

Parent participation is encouraged, and a Parent Advisory Council is elected each new term. Mrs. Vernes Fowler feels that the parents' involvement, and their strong support, add to the success of this program.

Reservations

Winter classes run from August through mid-June. New students will be accepted as vacancies come open, usually at NPS end-of-quarter breaks. Please contact Mrs. Fowler at 646-3487 to place your child on their waiting list.

As an added benefit, the Navy Nursery School welcomes two year olds to their summer program, and this provides them with an excellent introduction to preschool. Please contact Mrs. Fowler for more information.

Hours of Operation

Morning sessions: 9 a.m.-11:30 p.m.
Afternoon sessions: 12:30-3 p.m.

Fees and Charges

All ages — \$45/month, two days weekly; All ages — \$60/month, three days weekly; Four/five year olds — \$90/month, five days weekly.

There is a \$25 registration fee per child. Payments are due in advance, and no refunds will be made for absences due to illness or family vacations. Please notify Mrs. Fowler two weeks before you intend to withdraw your child from this program.

The Army provides day care and preschool programs at two locations in and around Monterey, and both are approximately a 15 minute drive from La Mesa housing. The Fort Ord Child Development Center and the Presidio of Monterey Child Development Center operate almost identically, and registering your child with one center entitles you to use the other as well. The services offered at both of these centers are similar to those offered by the Navy, and both centers provide information pamphlets for parents. To find out more about the Army-sponsored day care and preschool programs, contact the Fort Ord Child Development Center at 242-2522, or the Presidio of Monterey Child Development Center at 647-5630.

Finally, one more suggestion: check the bulletin boards at the La Mesa housing office, and the La Mesa store for names of those wonderful mothers who offer child care and play groups in their homes in La Mesa.

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Family Medical Care

The PRIMUS Clinics of the Fort Ord Region were opened in June of 1988 to provide general outpatient services to DEERS beneficiaries in this area. Both clinics are open 365 days per year and are free to eligible persons.

The Salinas PRIMUS clinic provides well-women and well-child care as well as treatment for acute minor illnesses for all ages. X-ray and pharmacy services are available. Only prescriptions written by PRIMUS physicians are honored. Their hours are 7 a.m.-8 p.m., Monday - Friday and 8 a.m.-3 p.m., Saturday, Sunday and holidays.

The Presidio of Monterey (POM) PRIMUS Clinic functions as the general outpatient clinic in support of the Defense Language Institute (DLI) and Naval Postgraduate School. All active duty personnel assigned to these schools receive sick-call at POM PRIMUS. All DEERS beneficiaries are eligible for care at POM PRIMUS as well, however from 7-10 a.m. and 3-5:30 p.m., Monday - Friday, there is heavy use of the clinic by active duty

personnel. Generally, patients are seen on a walk-in basis. A limited number of same day appointments are available Tuesday - Friday.

Lab, x-ray, pharmacy, optometry and active duty physicals are provided at POM PRIMUS. The building also houses an Army DENTAC. Only prescriptions written by PRIMUS physicians are honored.

Adult immunizations are also offered by appointment, Tuesday - Friday afternoons. Please bring your records. The POM PRIMUS clinic is open 7 a.m.-8 p.m., Monday - Friday and 8 a.m.-3 p.m. Saturday, Sunday and holidays.

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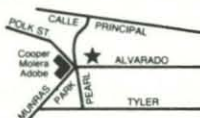
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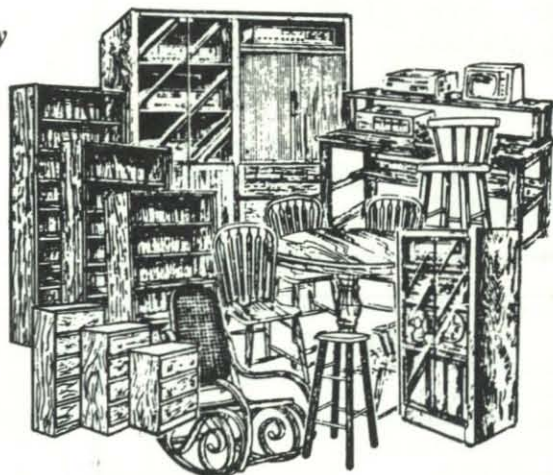
Are you looking for something fun to do? A chance to meet new people? A means of getting a little exercise? Then call me, Cindy Ariel, as I am in charge of setting up the teams for the Wednesday Morning Officers Wives, Bowling League. We are a group of wives of students and staff of the Naval Postgraduate School — and we bowl for fun! All levels of bowlers — even if you have never bowled before — are welcome to join. We meet every Wednesday at 9:15 a.m. at Lincoln Lanes on Fremont Blvd. in Monterey. The weekly fee for bowling is \$6.00 which includes the lane fee. Babysitting is available for \$2.25 a child and is set up right in the bowling center. Our league schedule corresponds to the quarter schedule of the school; that way we have the same break as our husbands.

If you think you would be interested in joining the bowling league please give one of us a call:

Cindy Ariel (372-4211)
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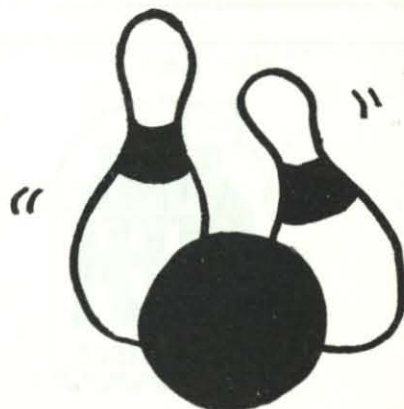
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Our own NPS golf course, located behind the Monterey County Fairgrounds, has much to offer the lady golfer. Many of you may want to take

up golf as a companion sport to enjoy with your husband. What? He's studying? Come join us in one of the ladies' golfing groups over at NPS!

For those who have just finished lessons, or have let the years lapse between rounds, you might consider the nine hole ladies' group that meets

every Tuesday morning at 9 a.m. We enjoy a relaxed round of golf and we play the "game of the day" for a small pot in which each one contributes 50 cents.

If you have more time and experience to draw from, you may be interested in the 18 hole ladies' group which meets on Wednesday mornings.

Whatever your situation, be sure to seriously consider the great game of golf while you experience life on the Monterey Peninsula.

For more information about these groups and our NPS golf course, contact the pro shop at 646-2167 between 7:30 a.m. and 4:30 p.m.

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Semper Fit

Kick up your heels! A new aerobic and fitness course is now offered at NPS. It's Semper Fit, a nationwide program held at most Marine Corps bases.

Semper Fit began five years ago in Quantico, Virginia. It is available to all active duty members and their dependents, and is approved by the President's Council for Physical Fitness.

At NPS, the instructor is Diane McMillan, who was previously an instructor at Camp Lejeune, North Carolina. She is nationally certified in aerobics and CPR.

Semper Fit emphasizes the aerobic workout. A typical class consists of 20-40 minutes of aerobics and 10-15 mi-

minutes of floor work for toning. If you happen to pass the gym and see bowling pins waving through the air, don't be surprised! Bowling pins are a Semper Fit tradition, used as weights during the aerobic workout. Each pin weighs 3½ lbs. and, according to Diane, is excellent for upper body toning.

Classes are held Monday, Wednesday and Friday from 11:30-12:30 a.m. and Tuesday and Thursday from 4:15-5:15 p.m. in the NPS multi-purpose room, building 223. The cost is \$2 per class, with a substantial discount offered on monthly rates. Questions? Call Diane McMillan at 647-8990. Then come on out and get Semper Fit!

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Recreational Opportunities

Facilities, Activities, Programs and Services Provided Through the Recreation Department/Special Services of NPS



Listed below are the names and telephone numbers of the most frequently used Recreation Department facilities. All numbers begin with the prefix 646.

Child Care Center	2734	Gear Issue Room	3118
Golf Course Pro Shop	2167	Gymnasium	3118
Golf Course Maintenance	2055	Recreation Office	2466
Swimming Pool	2275	Sports Supervisor	2497

Recreation Information for the Monterey Peninsula

Available to our visitors and interested personnel is information on motels, dining, interesting side trips, golf and tennis, and sightseeing and recreation on the Monterey Peninsula. Local publications are also available in the Recreation Office. Drop by the Recreation Office and we will be happy to supply you with available information to help you enjoy your stay on the Monterey Peninsula.

Vacation and Entertainment Information

Folders, maps of various camping areas, motels and entertainment facilities in California are available

through the Recreation Office. Discount cards are available for various attractions such as Disneyland, Marine World Africa USA, Great America, Knott's Berry Farm, Santa Cruz Beach and Boardwalk, Sea World, Winchester House and many more. Information on discounts offered by motels, hunting, fishing and camping in the area, and much more is available at the Recreation Office. For further information, stop by the Recreation Office and pick up some brochures or call 646-2466.

Picnic Grounds

The Picnic Grounds are open from 7 a.m. to dusk daily and are located inside the NPS Golf Course Grounds about 400 yards past the Pro Shop.

The picnic area must be reserved in advance and arrangements can be made at the Recreation Office, Monday through Friday. A fee of \$30/\$60 for use of the picnic area to help defray the cost of maintenance and upkeep, is charged on weekends only. Rules for the use of the picnic area will be explained to the person reserving the grounds. Maximum capacity — 200 persons. Facilities are limited to active duty and retired military personnel. Picnics to include civilian personnel must be sponsored by military personnel attached to NPS and/or tenant commands.

Continued on next page

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Recreation

Continued from previous page

Athletic Programs

The sports program includes the following: basketball, softball, soccer, volleyball, swimming, tennis, table tennis, lacrosse, racquetball, golf, cross country running, little league, junior soccer, and other competitive sports. Personnel interested in intramural and varsity sports should contact the Sports Supervisor, ext. 2497. Basketball, lacrosse, soccer, softball and rugby are considered to be varsity sports.

Gear Issue Room

The gear issue room has an extensive selection for athletic and camping equipment which may be checked out to personnel at a nominal daily fee. A complete list of items is available with the cost and may be obtained at the gear issue room between 7:30 a.m. and 9 p.m. Monday through Friday and 10 a.m. to 5 p.m. Saturday and 1 p.m. to 6 p.m. Sunday. Other information may be obtained by calling 646-3118.

Swimming Pool

The swimming pool, Bldg. 210, is open May through October. Hours of operation are as follows: Tuesday through Friday 4 p.m.-6 p.m., lap swimming for students, dependents, staff and faculty only, Tuesday through Friday 1-6 p.m., open swim; Saturday and Sunday 10 a.m.-6 p.m. Season passes are on sale at the Recreation Office. For more information call 646-2275.

Gymnasium

The gymnasium is in Bldg. 239 and the facilities are available to NPS military personnel, faculty and civilian employees with an Athletic Membership Card which can be purchased at the Gym or the Recreation Office. Cost to the military is \$24 per year for a family and civilians is \$36 per year. There are four-walled handball courts, racquetball courts, two squash courts, basketball court, exercise room equipped with all the equipment necessary for a physical fitness or reducing program, a complete set of Nautilus equipment, lifecycles, sauna and an Athletic Gear

Issue Room. Instruction in the use of the Nautilus equipment is available on an individual basis. Persons interested should sign up in person at the gym. Hours of operation are 7:30 a.m.-9 p.m. Monday through Friday, 10 a.m.-5 p.m. Saturday, 1-6 p.m. on Sunday. 646-3118.

Sauna Room

A Sauna room is located in Bldg. 210, Swimming Pool. The hours of operation are the same as the swimming pool and admittance is governed as outlined for the pool. Another sauna is located in the gym, Bldg. 239 and its hours of operation coincide with the gym.

Flying

Available to all active duty and retired military personnel and their dependents are the facilities of the Monterey Navy Flying Club. Civilian employees of the Department of Defense are also eligible. The MNFC is one of 50 clubs in the Navy Flying Club Program which exists to meet the need for low-cost, safe, light aircraft operations for military personnel, their families and other authorized members. The Monterey club operates from the Monterey Airport and has single and multi-engine aircraft available for its members. Many are equipped for instrument flying. Instruction for all phases of flying is available and beginners are especially welcome. Federal aviation regulations allow an otherwise qualified person to "solo" at age 16, and earn a license to carry passengers at age 17. For membership application or additional information, call the Club Manager at 372-7033.

Golf Course

The Naval Postgraduate School Golf Course, 18 holes, is located behind the Monterey County Fairgrounds. The Golf Course has a Club House with snack bar, lounge, and shoe/club storage facilities. Also, located at the Golf Course is a combination Pro Shop and Starter Shack. A wide selection of retail merchandise is offered to meet the golfer's needs. 646-2167.



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Golf Driving Range

The Golf Driving Range is located across the street from the Pro Shop. The hours of operation are 7:00 a.m.-7 p.m. during daylight savings time and 7:00 a.m.-5 p.m. during other months of the year. Range balls are purchased at the Pro Shop. All persons eligible to use the Golf Course are authorized to use the driving range.

Softball Field

There is a softball field situated to the south of Del Monte Lake. Its use must be scheduled through the Recreation Office at 646-2466. There is also a field located at the NPS Picnic Grounds within the Golf Course grounds and must also be reserved by calling the Sports Supervisor at 646-2497.

Radio Station (MARS)

The NPS Amateur Radio Station K6LY is open for members' use on a 24-hour-a-day basis. Facilities include radiotelephone and radiotelegraph

capabilities on all high frequency (160-10M) bands and limited VHF facilities, including radio teletype operation. Additionally, the club operates and maintains a 2-meter and VHF FM repeater system which covers the Monterey Bay area. Club meetings are the second Thursday of the month at 7:30 p.m., Rm. 400, Spanagel Hall. For additional information call EWC Max Cornell, NPS Amateur Radio Station Custodian and MARS Officer, at 646-2549.

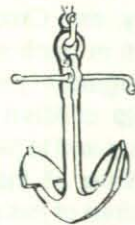
Tennis Courts

There are 12 courts of championship quality, two of which are located below the swimming pool, two forward of Herrmann Hall, six in La Mesa Village, and two beside FNOC at the Annex. Courts are to be used for their intended purpose only. Tennis lessons available through the Recreation Office. Reservations are required for use of the courts on NPS campus and must be made in person.

Sailing

The school owns four Shields class

sloops which are 30' open cockpit yachts, designed as a scaled-down version of the 12-meter yacht used for America's Cup Competition. In order to obtain use of the boats, one must first obtain a qualification as a cruising skipper. The school also owns two 22' Santanes, two 22' Columbias and one Capri. Basic sailing classes are available to become qualified to use these boats. The NPS Sailing Association has regularly scheduled training and also maintains an active racing program. Details are available at the Recreation Office or call 646-2466. Voyage tickets are on sale at the office and must be purchased in advance.



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Camp Fire is an organization for young people — to belong to, to grow with, to share. Camp Fire has programs for youth from Kindergarten through high school, teaching self-confidence, creativity, sharing, friendship, joy and a healthy self-image. Clubs meet as small groups on a weekly or bi-weekly basis, usually in the leader's home.

All members of Camp Fire from birth through Kindergarten are called **Sparks**. The Kindergarten club program for Sparks is made up of four segments — Creative Arts, Cooking, Dramatic Play, and Outdoors — with eight activities in each segment. The Sparks Kindergarten program is designed to help children learn to get along in a group and to feel good about themselves. One of the most basic skills that children of this age can learn is how to get along in a group. Learning



to get along in a group is basic to functioning in a democratic society. The Sparks Kindergarten program will be one of the first group settings many children will experience outside of the family. The Sparks experience complements a child's entrance into school. This program also helps young people to develop to their fullest poten-

tial through many opportunities to grow individually. All Sparks members are helped to be proud of themselves and their families. Sparks are encouraged and rewarded. Camp Fire wants all Sparks to be confident and capable young people.

Bluebirds are in first, second and third grades. They meet new friends, learn games, sing songs, help other people and have fun. Bluebirds learn to become good members of a group and start to take more responsibility for planning and running their own meetings. They are encouraged to explore their expanding worlds and develop new skills.

Adventurers are in the fourth, fifth and sixth grades. These clubs explore new places, learn responsibility and pride through service to their community, and improve their outdoor skills through camping trips and nature hikes. Local groups have participated in day camps, planned and carried out their own overnight camping trips, and helped with the Coastal Clean-up Day in September. One group made Christmas items to sell at the Christmas-By-The-Bay bazaar at the Del Monte Center, and used the profits for a field trip to the Santa Cruz Beach Boardwalk.

Discovery and **Horizon** clubs are for boys and girls in middle school and high school, respectively. They develop their own special interests through individual projects. They may choose projects with themes such as Camping, Community Involvement, Computer Technology, Performing Arts, Cookery, Travel, and so on, and select special mentors or advisors to help them in completing these projects. They also continue their progression in outdoor skills, learn more about themselves, develop leadership skills, and give service to their community.

New members are welcome in groups at any time during the year. For more information, or if your son or daughter would like to belong, call Cheryl Jencks at 375-0288.



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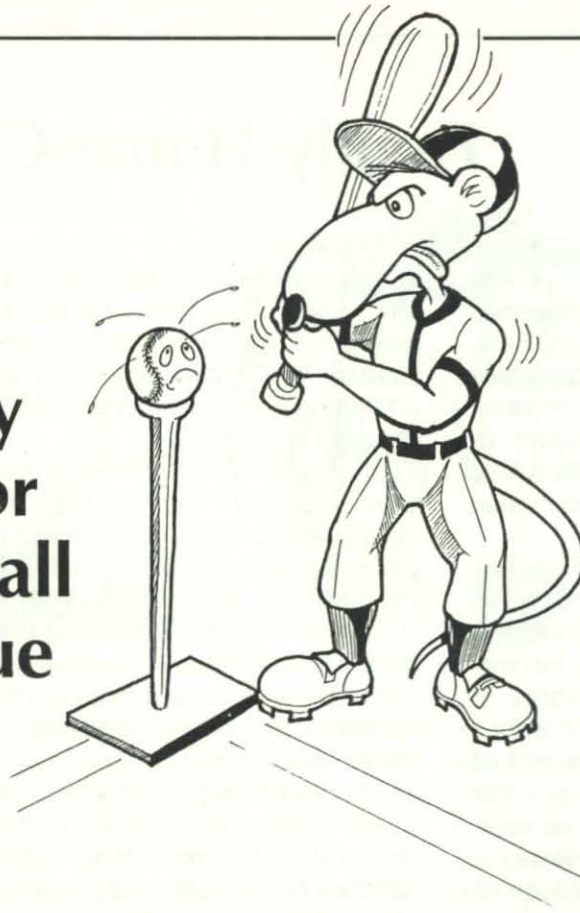
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• FURTHER INFORMATION •

Contact: Ted Trendt, Head Coach
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Navy Junior Baseball League



The Navy Junior Baseball League (NJBL) sponsors La Mesa Village's Little League program. The League is open to dependent children of NPS staff members and students. (Active duty military, foreign students, and civilian students all are welcomed and encouraged to have their children participate.) The NJBL plays two seasons, one during the spring and one during the summer quarter. During the spring season, the La Mesa teams play teams fielded by Fort Ord as well as among themselves. During the summer season, the La Mesa teams play only among themselves.

The League divides players by age into T-ball, Minor or Major Leagues. The youngest player for T-ball must have had his/her fifth birthday by January 1, 1989 and the oldest player for the major league must have reached his/her twelfth year by August 1, 1989.

Funding for the NJBL program comes partly from the NPS recreation fund. A registration fee is initially gathered to cover the cost of a practice jersey, ball cap and an end-of-season plaque, all of which the player keeps at the completion of the season.

On Wednesday, March 15, a parents

meeting will be held at the La Mesa School Multi-Purpose Room at 7 p.m. At that time, information will be disseminated and questions answered. Approximately two weeks later, registration and tryouts will be held, with the opening of the 1989 season anticipated to begin on April 15. The times, dates and fees for registration are not firm yet, but will be known in time for presentation at the March 15 meeting.

In order to assure that the children receive all the support and guidance that they need, as well as to make the program run smoothly, it is important that as many people as possible find

some time to help with the running of the NJBL. Currently, there is a great need for people to help. Umpires, coaches, and staff members are all urgently needed. Experience as an umpire or technical knowledge as a coach is NOT NEEDED.

As further information becomes available, it will be distributed through the Plan of the Day, the television information board, the *Classmate*, and bulletin boards. If there are any questions (or to volunteer), call MAJ JOHN MYERS at 373-7263. Questions or volunteers for T-ball can be handled by calling LCDR TOM BEHRLE at 647-1690.

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Family Home Care

The Naval Postgraduate School has recently hired Mrs. Carolyn House to establish and coordinate its new Family Home Care Program. The Family Home Care (FHC) program is being organized in response to the continuing demand for reliable and affordable child care for our military and civilian families.

Mrs. House is a Navy wife, mother of three children and resident of La Mesa who comes to the position with a wealth of experience and training. She holds a bachelor's degree in elementary education and a master's degree in education. She has worked both as a Family Child Care provider and as an Outreach Worker responsible for coordinating and training a caseload of approximately 40 home care providers. "As a working mother, I know the difficulty many families have

in obtaining reliable child care," says Mrs. House. "The Family Home Care program is a developmentally planned program that is carried out in a safe and loving home environment. It's an excellent program!"

You might wonder whether in-home care is for you? Ask yourself these questions. Do you love children? Do you enjoy working with children? Do you have the toys and materials for children to use? Are you willing to do more with children than just babysit? These are all questions that you must answer in the affirmative before you should even consider becoming a Family Home Care provider. If you decide to continue with in-home care, the FHC office will be available to help you complete the requirements as set forth by OPNAVINST 1700.9B.

As a FHC provider, you will receive

the training required by OPNAVINST 1700.9B, insurance for your home care operation, command approval, and referrals to parents requiring your services. In-home care can provide a source for a second income without the necessity of leaving your own children with someone else.

The question is often asked, "Who needs to become certified?" The answer is simple. This program is not for adults or teenagers who provide intermittent babysitting on weekends/weekdays or for organizations such as La Mesa Women's Bible Studies. If you provide child care for more than 15 child care hours per week, on a regular basis, either full-time or part-time, certification is required. As of April 3, 1989, all in-home care must be certified in accordance with OPNAVINST 1700.9B.

What is involved in becoming a certified FHC provider? OPNAVINST 1700.9B requires 20 hours of initial training covering a wide variety of topics such as business practices, income taxes for in-home providers, CPR, first aid and nutrition. Following the initial training, your quarters will be inspected by the FHC office, the fire department, safety and preventive medicine. Upon completion of these requirements, a certificate will be issued authorizing you to begin in-home care. The FHC office will verify any openings for children you might have and place this information in the referral system. The referral system will be available for parents who are seeking child care within our community.

If you are interested in providing in-home care services, or have any further questions, please contact the Family Home Care office. The application packet may be picked up in the FHC office located at the Family Service Center in Herrmann Hall. The phone number for the FHC office is 646-2821.

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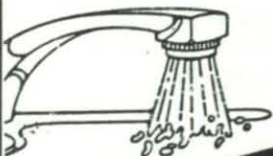
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Go West, Young Family!

by Lydia Ariaudo-Gragg



Welcome to Monterey! It's been a long trip from Virginia to California and you're finally relaxed enough to breathe and enjoy the 99 Wonders of Monterey. You've quickly and carelessly unpacked all 19 suitcases and thrown them into every available closet and now you are ready to send postcards covered with sea otters to your friends back home. But wait! What are you going to tell them? Your trip across the country was most enjoyable and rewarding and that you'd love to take the trip again very soon? Are you going to tell them how easy it was, when deep down inside you know it was the worst nightmare?

You don't dare tell your friends the real truth; how you left Virginia at 2 p.m., and by the time you arrived in West Virginia, you realized that you had left one of the kids behind. I can understand forgetting when you have eight children, but four-and-a-half kids is no excuse. (That's being sloppy.)

Remember how the truckers in Arkansas threatened to flatten your station wagon and make it more compact than a Yugo because your suitcases were piled so high on the luggage rack that they couldn't see in front of your car to pass? So you were a menace on the highway! You pay your road taxes! I also wouldn't tell them about the three blowouts you had in one day; they might not believe you.

However, you should tell your friends how you got robbed at the

"Breeze-On-In" Motel in Lubbock, Texas. You could write a short story on how they stole all your expired credit cards in your daughter's play wallet.

You should mention how your daughter's hamster, Romeo, almost got crushed to death between the mattresses, causing a three hour delay in your trip schedule.

Don't forget to mention how your husband's personality changed for the worse as he crawled into a silent shell in New Mexico. He was tired. No, he was DEAD TIRED!

Was it your fault that Johnny threw up all over your brand new USED car? Next time, don't let him eat so much in the car just because he's bored. Give him a Nintendo game. This will keep him quiet for approximately 15 minutes.

As for serious illnesses, little Mike had diarrhea and insisted that you stop

at every Shell station from Tucson to Los Angeles. Your gas tank was never fuller.

Remember how you finally reached your destination, only to find your furniture delayed two weeks because the movers tried to unload it in Monterrey, Mexico? Don't blame the movers because you're a poor speller.

All in all, you still don't want to admit to your friends how rough and demanding the trip really was. Instead of telling your friends back home, because then they'd never come to visit you, tell your new neighbors. Describe everything in colorful detail.

Yes, you know that the trip from coast to coast was a great challenge that you have no intention of doing again. But . . .

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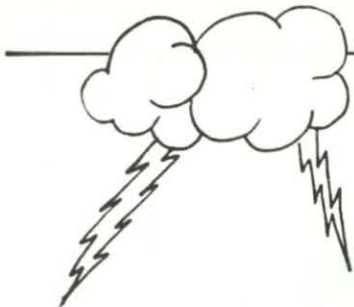
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Stormy Weather

by Michelle Ule

Because of the mysterious workings of the Navy, my husband and I, Southern California natives, have two children who are Connecticut Yankees. We also have the requisite La Mesa baby, but this doesn't really concern him yet. It's the Yankees I mean to write about.

It's not our fault. All those dream sheets have WEST COAST written on them, but we've still managed to live most of the last eleven years back east. I confess however, I loved it and am happy for all those Connecticut years and, in particular, for those two precious souvenirs we brought back.

But it has made life interesting to bring those hardnosed, logical, curious beings to the land of fruits and nuts. They visited Los Angeles numerous times over the years, of course, and enjoyed it, especially Disneyland. But the flinty soil of New England is in them and they're just beginning to loosen up after two years of California living.

We knew it was time to come west again when the boys began to speak in New England accents. Houses were becoming howuses and cars were starting to flatten out. They told the seasons in terms of fruits and vegetables and they were learning the names

of all the New England birds. Our families were pictures in a photo album and voices on a phone. They knew their grandmothers' hugs but cousins were ghostly shapes in their childish minds.

And so we took the young men west and we all went through varying stages of culture shock.

I noticed it first, myself, when I returned to my native state. It looked different here. It wasn't simply all the shiny new cars without a glint of rust; it was the land itself and the plants. "Why do all these trees still have their leaves?" my then six-year-old asked in October. "It's fall, the leaves aren't supposed to be on the trees."

Fall was the first shock. Ule family tradition has us going apple picking in the fall, followed by gorging on apples and pie. The boys and I were terribly disappointed when we discovered we could buy apples at orchards; we just couldn't pick our own. My husband, of course, was a little perplexed at our dismay. He didn't know about the Ule family tradition, having never before been home in the fall.

But the tree and apple problems were nothing compared to winter's ab-

sence of snow. The boys and I mooned over the "Today" show weather report that first winter. It took us a while to get used to watching the left side of the screen instead of the right and, for the longest time, our second son couldn't quite figure out where we lived. Our oldest child was learning to read and he knew that SNOW spelled FUN but it just wasn't appearing on our part of the map for the first time in his life. "When is it going to snow?" they kept asking, aghast when I explained it didn't snow here at all.

They hardly noticed when spring arrived; without the crocuses and daffodils to herald the good news, how would anyone know? When Easter came, they knew it was time to start digging in the soil and they got out the tools. They wandered outside our townhouse trying to figure out where we would plant the garden until they learned we'd be buying our produce in the salad basket of America. "But how will we grow our pumpkins?" they demanded, brows furrowed in displeasure.

Summer ushered in a new dilemma without a lake in which to play. How could it be summer when the weather wasn't hot and muggy and the fans were still kept in the closet? Swimming lessons last year were held in a pool for the first time; back east, they practiced their paddling on the sloping beaches of Long Island Sound, kept buoyant by the salt water. In Connecticut, you escaped the hot sands and stupefying heat by getting into the cool lake; in Monterey, the pool water was warm and the air and sand were cold.

In general, the weather completely threw them, and I wasn't surprised. The first winter my husband and I lived



Dr. Charles R. Linkenbach, D.D.S.
General Dentistry

*Capt. Linkenbach was formerly the
Director of the Naval Postgraduate School Dental Department*

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in New England, we had to buy an outdoor thermometer. I would look outside at a beautiful sunny day and put on shorts, only to discover it was 32 degrees outside! The same thermometer is mounted here, and this time we check it to make sure we're not overdressed for Monterey's overcast skies.

But I don't think our middle child will ever figure it out. It may be because he was born between two February blizzards, but his body thermostat is really off. On hot days, we can't get his sweater off him while on frigid mornings, he wants to go outside in shorts!

We thought we had solved one of the problems last week when we took them to Lake Tahoe for some fun in the snow. Like ducks in water, their New England instincts were back in a flash. In no time at all, they had the sled out and were sliding. They danced with glee in the snow; they tackled the icy steps with the snow shovel. Their faces were red and shiny as they happily grinned at me and said with a sigh, "See Mom, isn't this just like home?" And I had to admit, it was.

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Answers to quiz on page 79:

1-d, 2-aa, 3-l, 4-i, 5-bb, 6-b, 7-y, 8-v, 9-k, 10-z, 11-e, 12-s, 13-o, 14-c, 15-q, 16-f, 17-w, 18-g, 19-u, 20-j, 21-r, 22-a, 23-n, 24-h, 25-t, 26-x, 27-m, 28-p.

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Stormy Weather On The Go

by Michelle Ule

by Michelle Ule

Because of the mysterious workings of the Navy, my husband and I, Southern California natives, have two children who are Connecticut Yankees. We also have the requisite La Mesa baby, but this doesn't really concern him yet. It's the Yankees I mean to write about.

Here's a CJ original as my husband would put it. Several months ago someone suggested that I feature this bedspread. I was reluctant, but there were others who felt it was a good idea, and for these wonderful people, I am writing this article.

When I had my little boy, I had vi-

of all the New England birds. Our families were pictures in a photo album and voices on a phone. They knew their grandmothers' hugs but cousins were ghostly shapes in their childish minds.

...And leave a mark the young man west would last him at least five years and took the extra effort to make it durable, so that it would physically last that many years also!

Here's how I did it; maybe it will give you some ideas to work with. Keep in mind that the measurements I give are for a twin-size bed and will need to be altered for any other size.

For most of the year, I searched for the material. I wanted a large piece of quilted material in royal blue. It was not to be found. A friend suggested looking for a bedspread in the desired color. I highly recommended this idea; it is a cheaper route and the color selection is very broad. Next, I purchased yellow quilted material and regular broadcloth red and sky blue material. I was able to find a piece of material with cars, boats, a train, a bus and plane printed on it. You can find similar pieces with different themes. If you are unable to find your theme, try using the pictures from a coloring book or magazine as a pattern. I also purchased wide red bias tape to finish the edges.

After pre-shrinking all my material, I began by cutting out 6 blocks of sky blue material (size $14\frac{1}{2}$ " x 17") and one block (12" x 18"). I used these as my backing for the scene I designed. I then backed all my transportation pieces with "Wonder-Under" and cut them out. With the blocks and transportation pieces, it gave me a guide as to how to cut pieces of scrap material in the right size for the background

(mountains, hills, lakes, etc.). Before cutting out the material required for the scenes, I backed enough of the scrap material with "Wonder-Under". After everything was cut out, I removed the paper from the back of the pieces and laid them on the blue backing as I wanted the scene to appear. I then pressed it all into place at one time. I then zig-zagged, using a satin stitch, around all the pieces in the scene, using matching colored thread for each. To complete the block, I basted a piece of batting the same size as the block to the back of the block.

I then cut yellow quilted strips, 8 (4" x $14\frac{1}{2}$ "), 9 (4" x 17"), 2 (4" x 12") and 2 (4" x 18"). I was unable to find red quilted material, so I quilted my own. I cut 16 (4" x 4") red squares and batting. I quilted them together making an x design. Then I made three strips, alternating four red squares with three (4" x 17") yellow strips, beginning and ending with red, using $\frac{1}{2}$ " seam allowances. Next I made two strips, alternating four (4" x $14\frac{1}{2}$ ") with the scenes in the order I wanted them. I then attached all the strips, alternating the red/yellow strips with the yellow/scenes strips, beginning and ending with the red/yellow strips. I completed the large (12" x 18") block with the remaining red blocks and yellow strips in the same manner.

Next I got real brave and cut into the bedspread. I cut along the seams dividing the top from the sides. The sides could be left as they were, but the top had to be cut to accommodate the blocks. They were to be in the center of the spread and over the pillow. The width of the top could remain as it was. I cut the top piece to go at the end, $25\frac{1}{2}$ " in length. At the upper edge of the remaining top piece, I cut a 2" strip

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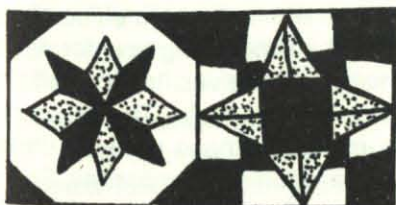
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running width wise, and another strip, 10" in length. I then took all the pieces to be used in the spread and top-stitched them in a diamond pattern with twin needles using red thread. This blended the blue skirt in with the red blocks used in the corners of the blocked scenes.

I attached the 2" strip to the top of the pillow block and the 10" strip to the bottom of it. This strip was attached to the top group of blocks, and the 25½" strip to the bottom of the group of blocks. This completed the center strip. Next I attached the side skirts of the spread. To put on the finishing touch, I trimmed the edge with wide red bias tape.

To make the spread more durable, I lined the group of blocks with a white piece of cotton-polyester blend material. The white backing piece was cut slightly larger than the group of blocks. I sewed it so as to encase all the raw edges from side seam to side seam and top to bottom of the group of blocks. I did the same with the block that goes over the pillow. Then, with a very small stitch length, I stitched around the transportation pieces in each individual block. This procedure anchored the top of the spread to the backing, taking some of the stress off of the seams between the blocks and strips. This is a step I would do again, especially after watching the things that have gone across the spread.

To complete the room, I made a matching valance, making it extra wide for the next window that it will have to fit (that won't be the same size). I also chose colors that would be easy to decorate with the next place we live. As a woman on the move, I find it a necessity to plan ahead for those things that I can affect. A special spread or curtains can make one home as cozy as the one before it.



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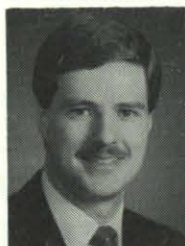
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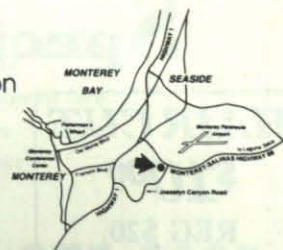
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Exploring New Regions

by Lauryne W. Harvey

In the past two issues, I have introduced you to two wineries in our nearby Uvas Valley, part of the South Santa Clara County wine region. There are many other wineries to be discovered in that area, and I plan to return there in the coming months. In this issue, however, I thought it would be interesting to explore some California wine producing areas that are within two to three hours driving time from Monterey and are perhaps not as well known as the famed Napa Valley.

If you're heading south through the Central Coast on Highway 101, about halfway to Los Angeles you will discover two delightful wine tasting regions worth exploring — Santa Barbara County and the Paso Robles wine country. I have chosen to feature three wineries from each of these areas, each situated conveniently close to the others. These little excursions are friendly, picturesque and tasty, so sit back and enjoy; I'll do the driving!

There are 11,000 acres of vineyards in Santa Barbara County, providing more than 20 wineries to choose from, all located on or near Highways 101, 154 and 246. The first winery to grace the Santa Ynez Valley, with vineyards dating back to 1969, is the Santa Ynez Winery, located off Highway 246 on Refugio road. On your way to the winery, you will pass through the town of Solvang, the "little Denmark of California," which is worth exploring as well.

For picnics, Santa Ynez Winery has a wonderful redwood deck overlooking some 110 acres of Cabernet Sauvignon, Chardonnay, Gewurztraminer, Sauvignon Blanc, Semillon and Johannisberg Riesling vineyards. Since their first bottling in 1973, the winery has produced many medal-winning wines; their 1988 Nouveau Zinfandel has won three golds. They also offer a nice, inexpensive white table wine and an unusual blush selection, their 1987 Blanc de Cabernet. The tasting room is open daily from 10 a.m. to 4 p.m., and annual

events include an open house in June and harvest party in October.

At the intersection of Highway 101 and Santa Rosa Road, just south of the town of Buellton, is Vega Vineyards, owned and operated by the Mosby family. The winery's curved driveway leads you past vineyards to approach what appears to be a little red school house, but in actuality is an authentic Victorian carriage house remodeled for wine tasting. Needless to say, this winery provides an atmosphere of nostalgia — the restrooms are even housed in giant wine barrels! The tasting room is open daily from 10 a.m. to 4 p.m., and four delicious classic varietal wines are available to taste, Johannisberg Riesling, Gewurztraminer, Chardonnay and Pinot Noir. Additionally, they offer a zesty blush wine called Pineau, which is a Pinot Noir Blanc. One added note: The winery manager who poured our wine is a Navy Reserve Captain who flies F-14's and F-18's!

Just a few minutes up Santa Rosa Road from Vega Vineyards, you will see a sign for the Sanford Winery and ranch on the left. If you turn into the driveway and traverse a winding, vineyard-lined road, you're in for an especially aesthetic treat, compliments of the Sanford family. In a cozy little wood and white-washed tasting room adorned with a reed-roofed porch, you will find a winetasting counter nestled among bookshelves, Indian crafts and a long antique table. The wines here are exquisite, those currently in production including Chardonnay, Sauvig-

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non Blanc, Pinot Noir, Pinot Noir-Vin Gris and barrel-fermented Pinot Noir-Blanc. Even before you taste the wine, however, the labels will catch your eye and win your heart. They are a series of California wildflower paintings by Sebastian Titus commissioned by the Sanford Winery. Each wine has a label depicting a different flower; for instance, the Sauvignon Blanc is decorated with the Santa Cruz Island Live-Forever. You can visit the winery and its adjoining picnic area daily from 11 a.m. to 4 p.m.

Winemaking in Paso Robles is a historical tradition that dates back to 1797 when grape vines were introduced by Franciscan missionaries. Today, the area has grown to accommodate more than 20 wineries with over 6,000 acres of vineyards. Just off Highway 101 in Paso Robles is Highway 46 East, a pleasant countryside drive that leads you to the three wineries featured in this issue.

Estrella River Winery is one of California's top five award-winning small wineries and is the home of the "The Magnificent Seven." Since the first release of the winery's estate bottled Cabernet Sauvignon in 1977, all seven vintages have consecutively won gold medals. The large, adobe-style winery and tasting room sit high on a hilltop overlooking 700 acres of premium grape varietals as well as 1000 roses! There are picnic facilities and a 50-foot observation tower for viewing the vineyards. Estrella has numerous classic and highly affordable red and white wines available for tasting, as well as three sumptuous dessert wines. They also offer a Blanc de Blancs champagne and are one of the few California wineries to produce a French Sirah, which is of higher quality than the more common Petite Sirah. Don't forget to add Estrella's "Life is a Cabernet My Friend" t-shirt to your wine purchases! The tasting room is open daily from 10 a.m. to 5 p.m.

A few miles down the road is the small, family-operated Eberle Winery. Its elegant tasting room provides a

view of the entire winery operation, from barrel and fermentation to the crush. Forty-one rolling acres of vineyards provide a lovely view from the picnic area and winery. The name Eberle means "little wild boar" in German and is derived from the family's original name in the Black Forest of Germany, which explains why the Eberle Winery label depicts the image of a pig. (Coincidentally, the Paso Robles area is the home of many wild boar.) The winery has won numerous medals and gained international recognition for its Cabernet Sauvignon and Chardonnay. Guests are welcome for tasting from 10 a.m. to 5 p.m.

Arciero Winery is also located on Highway 46 and is difficult to miss. A spectacular Mediterranean-styled tasting and conference center dominates a five-acre landscaped rose garden, foundation and picnic area. The large gift shop, deli and tasting room is fun for browsing for wine bargains, and don't miss the race car exhibit! The winery owners, the Arciero family, are also known for motor racing. There are plenty of wines available for tasting, and the winery offers a terrific flyer with descriptions of each wine and space for your comments. According to my notes, I favored the 1987 Petite Sirah Blanc and the 1987 Chenin Blanc. Additionally, the 1987 Muscat Canelli was very refreshing and the 1986 Cabernet Sauvignon yielded delightful cherry flavors. To discover your favorites, you can visit the winery daily from 10 a.m. to 6 p.m. (5 p.m. in the winter months).

For a wine touring map and more information about Santa Barbara County wineries, write to the Santa Barbara County Vintners' Association, P.O. Box WINE, Los Olivos, CA 93441, or call (805) 688-0881. The Santa Barbara County Vintners' Festival is held each year in April.

For more information on the wineries of Paso Robles and the Paso Robles Wine Festival, held annually on the third Saturday in May, write to the Paso Robles Chamber of Commerce, 1113 Spring Street, Paso Robles, CA 93446, or call (805) 238-0506.



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Where's The Bed?

by Nancy Lawson

"Off you go into the wild blue yonder..." No that's the Air Force! "Anchors aweigh, my boys, anchors aweigh..." What is wrong with me; we're in a car! Oh yes, I remember, "99 bottles of beer on the wall, 99 bottles of beer..." What self respecting military mover would begin their journey with anything else! Well, in our case, it should have been one million bottles of beer because we had three million miles to go, at least that's what my bottom told me when we got here. I

left Virginia with great anticipation, I was finally going to see firsthand if all those tall tales my husband had been telling me about California were true. We arrived in Morro Bay about 5 p.m. and my first glimpse of the Pacific Ocean was breathtaking. So beautiful is the coast line that I was taking pictures faster than my husband could drive! We were pretty tired; it had already been a ten hour day, and we wanted to drive down Hwy. 1 in the daylight so we could enjoy its beauty. However, there was one tiny problem we hadn't counted on. The only hotel that took pets wasn't very nice, but was quite expensive. No matter, we thought, we'll just stop in the next town. Or the next town. Or the next town. And so it went, all the way to Monterey. We did find one Holiday Inn between Morro Bay and Monterey that allowed pets, however, there were no vacancies. If you plan on staying there be sure to make your reservations at least 24 hours in advance as they fill up quickly. It was 10 p.m. when we arrived in Monterey and the one hotel that I knew took pets, was one in which my husband refused to stay. We began the process of stopping at each hotel, only to be told they didn't allow pets and they didn't know who did. After the sixth or seventh stop, my husband was ready to give the dogs to the first person who would take a leash, as well as give me away if I protested! Well, after a few more stops we did finally find a motel, but it was not one of choice but of necessity.

In the six months since arriving, I have learned that we had many good

choices had we only known where they were. The following is a list of hotels/motels in the area that allow pets. I hope that new residents to the Monterey Peninsula will be able to avoid the problems that we encountered.

Monterey

Cypress Gardens Inn – 373-2761, 1150 Munras Avenue.

El Adobe Inn – 372-5409, 1936 Munras Avenue. Rooms range from \$49 to \$89 per night. Lower rates may apply for extended stays. Non-smoking available.

Hyatt Regency – 372-1234, One Old Golf Course Road. Rooms range from \$69 to \$145 per night, depending on specials. Pets are permitted on the first floor only; a \$100 security deposit, \$25 non-refundable required. A credit card may be used for the deposit.

Ramada Inn – 649-1020, 1425 Munras Avenue. Rooms range for \$70 to \$110 per night.

Best Western Victorian Inn – 373-8000, 487 Foam Street, 2 blocks up from Cannery Row. Rooms range from \$89 to \$149 (holiday) per night. Pets are permitted with an additional \$50 refundable deposit. A credit card may be used for the deposit.

Casa Verde Inn – 375-5407, 1213 North Fremont. Rooms range from \$28 to \$80 per night, depending on season and events. Dogs must be walked off the grounds.

Monterey Fireside Lodge – 373-4172, 1131 10th Street, (1/2 mile from NPS). Rooms range from \$40 to \$120, de-

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pending on room size. Pets are allowed with a \$20 refundable deposit. *The Westerner Motel* - 373-2911, 2041 Fremont Street. Rooms range from \$55 to \$65 per night.

Seaside

Days Inn - 394-5335, 1400 Del Monte Boulevard. Rooms start at \$57.

Monterey Beach Hotel - 394-3321, Hwy. 1 and Canyon Del Rey. Rooms range from \$120 to \$150 per night, until May 26th. Pets are allowed on the first floor.

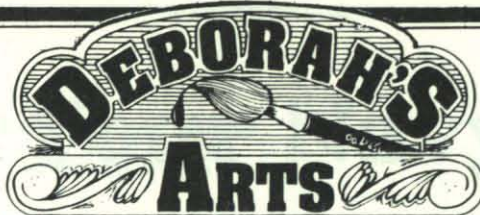
Carmel

Cypress Inn - 624-3871, 7th and Lincoln. Rooms are \$100 and up per night, breakfast included. Pets are allowed with a single \$15 fee for all your pets, per night. Your pet will be pampered with its own fluffy bed and special food.

Carmel Valley

Blue Sky Lodge - 659-2256, Flight Road (12 miles up Carmel Valley Road, at the end of the "Village"). Rooms range from \$57 to \$60 per night for two, plus \$7 for each additional person. Rooms include an enclosed patio. Furnished one and two bedroom apartments are also available starting at \$64 per night. Weekly rates are available. *The Valley Lodge* - 659-2261, Carmel Valley Road and Ford Road (11 miles down Carmel Valley Road, just before you get to the "Village"). Rooms range from \$51 to \$72 per night thru March. One bedroom cottages with fireplace for \$90 per night. Dogs are welcomed at the lodge for the small fee of \$10 per night; cats however, are not allowed.

Wherever you decide to stay, remember to be a responsible pet owner. All hotels require that pets are not left unsupervised, so don't let Fido bark all day, Kitty invade the patio or Slither the Snake slide into the bathtub. When outside, keep all pets under your control, and don't forget to clean up after them. If we are all responsible, then perhaps other establishments will see that they can allow pets without annoying their patrons or damage to their property.



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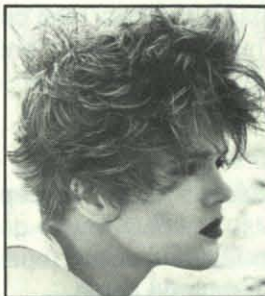
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And now, with tongue planted
firmly in cheek, let's look at...

What You'll Need for Life in La Mesa

by Tracey Wood

A ten speed bike with child carrier. No, not for ambitious moms giving baby some fresh air, but for the NPS student. He will place his backpack full of books and his gym bag in the child carrier, and join the 7:45 parade to school.

A blue Volvo station wagon. Also acceptable is a mini van of any color. This is essential for carpooling to preschool, swimming lessons, soccer games, and ballet. Will seat one parent, six children, athletic equipment, stroller, and four dozen cupcakes for the girl scout bake sale.

Sunset Guide for Western Gardening. You may omit this item and grow ice plants.

A personal computer. The NPS student of the family will have plenty of megabytes at school, but the kids will need it for school projects, the spouse will need it for writing term papers, balancing the budget, and writing letters to the editor of *The Herald*. (Ed. note — what about to the editor of *The Classmate*?)

You do not need to bring your garbage can collection, should you be the proud owner of one. You will be issued a nifty trash container on wheels. The Navy has trash collection down to a science and there are a few rules to be aware of:

1. You can fit your entire week's refuse into this one can by strategic smashing of milk cartons and by donating beer cans to the boy scouts. Children should be taught to drink water



from the hose, this will save on juice containers and paper cups.

2. Everyone wants to be the first on the block to get his can out on Thursday night. We had a neighbor who put his out on Thursday morning and added to it as needed. This is not considered fair play.

3. Trash collectors do not accept broken T.V. sets. The only way to get rid of one is to leave it at the repair shop under an assumed name.

How to choose your quarters

The housing office will generously give you a choice of House A, or House B. Most people simply look at the square footage and automatically choose House B. But, being an avid walker, and having made 1,178 loops around La Mesa, I've developed a better system of choosing:

Choose a house on one of the bigger streets like Leahy or Spruance. If you pick one like Fechteler or Revere your pizza will be cold by the time the

Dominos driver finds your house. On one of our many evening jaunts of the neighborhood, we gave directions to one such street to a harried pizza driver in an old VW. We gave the simplest route, with several rights, lefts, half a right and a bear towards, but, I guess it was too much to remember. At the end of our walk, 45 minutes later, we could still hear that old bug gearing up a distant La Mesa hill.

Ricketts is a rather unglamorous name, but we hear they have the best parties. If you live on Bergin, you might have a view of the bay if you sort of crane your neck at the right angle, but you have to consider the hill. It's a pretty respectable size hill, especially when riding a bike up it, but the worst trait is its affinity for balls. If you allow your children to play ball in the yard, they will soon manage to kick it into the street. You, of course, will have to chase this ball doing 50 mph in oncoming traffic with five kids screaming "get it!" behind you. This is particularly difficult in the ninth month of pregnancy, so ball playing would have to be suspended.

Speaking of pregnant women, that reminds me of what we have lots of in La Mesa, so you'll know what to bring and what to donate to Goodwill:

Lots of:

Kids
Computers
Dogs
Blue Volvos
People
Gophers
Housewives

Need More:

Kids (playmates)
Babysitters
Trees
Red BMWs
Parties
Cats
Classmate staff members

Now, back to choosing your home. While comparing two yards, if possible

pick the one that doesn't have a Live Oak in near proximity to the quarters. You'll find out why during caterpillar season, when houses so situated resemble something out of a Japanese Sci-Fi flick. Unless, of course, you enjoy the company of thousands of creepy crawlers on your windows while you have your morning coffee. However, if your husband likes to fish...

We hope we've covered some of the finer points of La Mesa that somehow got left out of Welcome Packets. Caterpillars and hills aside, we really do like it here!



Animal Regulations

According to Navy Regulations, residents of La Mesa Village are limited to only ONE PET; either one cat or one dog. Monterey City and County Ordinances also state that all dogs over the age of four months must be vaccinated against rabies, be licensed, and ARE NOT PERMITTED TO RUN AT LARGE. All shots must also be updated.

Persons being disturbed by animals that are not kept under restraint, are a public nuisance, or cause personal injury should contact Security Police and file a written complaint. Owners are also responsible for cleaning up their own yards and they are expected to remove any excreta from public grounds on which their pets are exercised. Any questions concerning animal regulations should be directed to the housing office.

Pet adoption, routine animal care and vaccinations are available through the Animal Disease and Prevention Control Facility at Fort Ord. For appointments or additional information, call 242-4994.

Test Your Navy I.Q.

This Welcome Aboard issue of the *Classmate* is a good time to reacquaint yourself with navy terminology and acronyms. Take the following matching test to determine your aptitude with this glossary. Fill in the correct letter of the answer on the line in front of the definition.

- | | |
|----------------------|---------------------|
| a. Allotment | o. Gitmo |
| b. Alongside | p. Flag officer |
| c. Anchor's Aweigh | q. General quarters |
| d. Amidships | r. Hash mark |
| e. Aye, Aye | s. Jet jockey |
| f. Bogey | t. Line officer |
| g. Boondockers | u. P.C.S. |
| h. Comrats | v. Quarterdeck |
| i. Conning officer | w. Rank |
| j. Broad in the beam | x. Sea bags |
| k. D'aft | y. Sea detail |
| l. Fantail | z. Side boys |
| m. Field day | aa. Swab |
| n. First lieutenant | bb. T.A.D. |

- _____ 1. That ship that is in the middle of a fleet or flotilla of ships.
- _____ 2. The "Official Q-Tip" of the U.S. Navy.
- _____ 3. Plumage sported by NPS peacock.
- _____ 4. One in charge of obtaining supplies in foreign ports.
- _____ 5. Term applied to naval spouse's additional burden of duty when husband is deployed.
- _____ 6. Technical term defined as that part of the ship that is longer than the wider part of the ship.
- _____ 7. Done by inspectors during zone inspections.
- _____ 8. Area where crew's game arcade is located.
- _____ 9. State of mind of spouse who actually marries a person on active duty.
- _____ 10. Persons manning the rail when a ship returns to port.
- _____ 11. Letters following H.H.
- _____ 12. Brand of underwear worn by flyers.
- _____ 13. Supply term for re-order.
- _____ 14. About forty tons for an aircraft carrier.
- _____ 15. Berthing space for visiting flag officers.
- _____ 16. Starred opposite Katherine Hepburn in many movies.
- _____ 17. Varies with time at sea.
- _____ 18. Sunday go-to-meeting shoes.
- _____ 19. A misnomer, since none of these is ever "permanent" in the Navy.
- _____ 20. Occupational hazard of Navy wives.
- _____ 21. Stain removed by ship's laundry.
- _____ 22. Survival check that Cleveland always fails to deposit at least once during an extended deployment.
- _____ 23. Davy Jones.
- _____ 24. That food which remains in the cupboard two days before pay-day.
- _____ 25. Officer-in-charge of all ropes on a ship.

Continued on next page



The Peripatetic Palate

by *The Classmate Galloping Gourmet*

I am going to stick my neck out (wield the hatchet gently please) and name a favorite French restaurant in an area that has many fine ones. We have been going to Chez Felix on Monte Verde and 7th Avenue in Carmel for years and haven't had a better meal anywhere.

This tiny place with its bright red tablecloths is cozy and welcoming. The owners (who also happen to be the chef's servers) are always friendly and ready for a moment or two of pleasant chitchat.

Don't expect a gargantuan list of

menu selections. There are just a few, but each one is truly a specialty. Choose your favorite from among the chicken, pork, beef or seafood choices, and settle down to a meal sauced and herbed (sometimes flamed) to a fare-thee-well.

Do try the escargot appetizer (go on...). Newcomers to this dish should probably start with the traditional escargot in garlic butter (forget what Mom said about dipping your bread in sauce — you won't want to miss a drop). If you're feeling adventuresome, the spicier Algerian version

is unique and wonderful (and equally worthy of bread dunking).

Now comes the tough choice. Dinner comes with soup or salad, but the two specialty soups are so outstanding and difficult to choose from, we have never sampled the lettuce. The onion soup is quite simply the best I've ever eaten. The seafood bisque is so rich and heavy cream-laden, you can almost feel your cholesterol levels climbing.

This is one of the few restaurants in town where we have dessert **NO MATTER WHAT**. Share if you have to. We recommend the creme caramel, the ice cream cake, the meringue/ice cream concoction or the ice cream and chestnut puree (my own particular favorite).

Also the Sand Bar and Grill on Wharf Two in Monterey is an old standby with us. Great seafood, quick service, and an ambiance that is equally appropriate for gussied-up occasions or days when we don't want to change from our grubbies. We have noticed that dinner prices are inching up but are still worth it for both quality and size of portions. Lunch is still a deal.

Quiz

Continued from previous page

- _____ 26. Women who frequent waterfront taverns.
- _____ 27. Division picnic.
- _____ 28. Officer in charge of colors.

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 15-19 Read your Bluejackets Manual
 10-15 Can you say "Diego Garcia"?
 5-10 You probably believed your Recruiter
 0-5 Submit your papers now!

Answers on page 71

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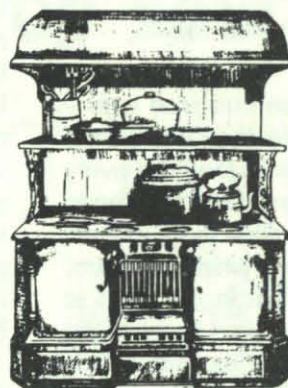
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NAVY BLEU

Country Cooking

by Shannon Burnette



This column is going to be about creating a variety of delicious concoctions from fresh fruit and berries. It may seem a bit early in the season to be excited about such mouth-watering thoughts, but remember, this is central California! Also, this is one last collection of recipes I want to share with you before the Marine Corps moves us (i.e., cats, dogs, furniture and family) to the metropolis of Washington, D.C.

While stationed in southern California in 1983, my husband and I bought three goats from our next door neighbor. We were excited to have these personable creatures in our yard, especially when one was producing milk for her small buck and the other female was expecting her first kid in a matter of weeks. The neighbors included in this package deal a thick, rather ugly green-paged paperback cookbook called *Carla Emery's Old Fashioned Recipe Book - An Encyclopedia of Country Living*. I quickly examined the book and discovered it was written in 1974 by a woman in Kendrick, Idaho, a small community 35 miles away from my hometown in eastern Washington.

In 529 pages, Mrs. Emery writes about everything - from religion to childbirth and child rearing to buying land and homesteading and everything in between. Out of curiosity, I decided to call her one summer morning and found her to be the same down-to-earth, warm and enthusiastic woman, she portrays herself to be in the book.

Which brings me back to fruit. Mrs. Emery has some wonderful ideas and

I'm sure you'll enjoy reading them, even if you decide not to head up to the Watsonville area to pick your own fresh fruit.

Watsonville is famous for its apple orchards, plus the commissary usually has a good supply, so we'll start with them. I'll let Mrs. Emery take over from here.

First, apples . . .

"You can freeze apples to use in making pies and so on. Just wash, peel, core, slice, scald, drain, chill, cover with a thin syrup and freeze. Or you can do without the syrup. Just peel and slice into salted water, then pack into baggies and freeze. The slices break apart quite easily while still frozen for making apple pie or crisp or you can add a small amount of water and make applesauce.

"To bake apples, peel and core the apples (or don't peel if they're on the small side). Place in a shallow pan with a piece of butter and dab of honey in the center of each apple. Sprinkle generously with cinnamon. Put 3 cups of water in the pan and cook until the apples are nearly done, basting often. Then put in the oven and bake. The apples will be nearly transparent when done. Serve with whipped cream. For a really special dish, stuff the apple center with 2 tablespoons pitted, mashed or blended dates. Or raisins. Or nuts. Bake, covered, at 375 degrees until tender and juicy.

"Boiled Apples - Don't peel the apples for this. Flavor and pectin come from the peelings. Put cored apples (especially good with fair skinned

kinds) in a saucepan with about half an inch of water. Pour $\frac{1}{2}$ cup sugar or equivalent sweetening over and boil until the apples are quite tender. While the apples are cooking, turn them several times and keep boiling until the liquid turns thick like a jelly. Now serve. You'll love them."

On to cherries . . .

"Cherries can be canned with or without pits. But I think it's insane to go to all the work to take out the pits when the kids can spit them out so easily and the flavor is fine. I read somewhere you should prick each cherry with a sterilized needle. That's insane, too. Just fill your jars (removed stems and leaves), pour over hot syrup and process in hot water bath for 15 minutes. Cherries can be easier and nicer than any other fruit, except maybe peaches. I give canned cherries as gifts sometimes to visitors - I'm that pleased with the product. That's sweet cherries. Now there's a little sour kind of cherry called a pie cherry that isn't so hot canned unless you do something extra with it like stick it into a pie."

On to figs . . .

"Figs don't grow in Idaho but they do in southern California. Those fortunate people! To freeze figs, just put fully ripe, large ones in plastic bags and freeze. You can pick figs all summer long. They don't blossom. The fruit just appears along the branches.

"To bake fresh figs, wash them and cut off both ends. For about two dozen large figs, set them in a glass baking

Continued on next page

Navy Bleu

Continued from previous page

pan and pour a nice fruit juice over — apple is best. While they are baking (moderate oven) stir in the juice every once in a while to get them moistened and roll them over. Give them at least 40 minutes. Good with whipped cream.

"Special Figs — Put in the oven at 350 degrees as for baked figs with the contents of a 16-ounce can apple juice concentrate. After the first 40 minutes, turn heat down to 150 degrees and dry 30 minutes more. They come out 'candied'."

On to berries . . .

"To can berries, process them as soon as possible after picking. Get them ready by hulling or stemming. Put in a sieve and wash by swishing them through a pan of cold water several times. Strawberries tend to lose their color and aren't as nice canned as frozen but it can be done. Blackberries, blueberries, gooseberries, and huckleberries can nicely. If you freeze huckle-

berries, make sure your jars are sealed and you wash the outsides because they tend to give off an odor that other foods pick up. My friend, Imogene, open kettle cans all her berries. More conservatively, I'd recommend you fill your jars, then add boiling water, sweetened or otherwise, as you please, to within a half inch of the top. And then process in a hot water bath for 10 minutes'.

"Omelets with Berries — Beat up two or three eggs until just blended but not frothy. Melt one tablespoon butter in a clean frying pan. Pour half the egg mixture into the skillet for your first omelet. Stir around once and then stir by shaking the pan. When the omelet is done put it on a serving dish. Pour ½ cup fresh berries into it. Fold over. Top with whipped cream and a few more berries and do your other omelet with another ½ cup berries and whipped cream.

"Basic Berry Syrup — In a non-aluminum pan, mix together two cups berry juice and three cups sugar. Cook over low heat until all the sugar is in

solution. In a separate small saucepan, combine ½ cup water with ½ bottle liquid pectin or ½ box of pectin. Boil three to five minutes, stirring constantly. Stir pectin mixture into the juice mixture and refrigerate until ready to use. Your result will be a basic pancake-type syrup.

"Basic Berry Jam — Weigh hulled and washed berries. Weigh out an equal amount of sugar. Mash berries and set to cook over low heat — not in an aluminum pan. Bring to boil slowly with frequent stirring. Add sugar. Stir until thick, stirring often enough so jam doesn't start to stick and burn on the bottom. Seal in hot clean jars.

"To make Gooseberry Jam cook 4-½ cups gooseberries in two tablespoons water over medium low heat until yellow. Add two cups sugar. Bring to a boil again and boil five minutes. Pour in jars and seal. You get two pints of jam.

"Gooseberry Pie — Cook three cups fresh gooseberries just long enough so they pop. Add 1-½ cups sugar, ½ teaspoon ground nutmeg and 4 tablespoons flour. Pour into a prepared, unbaked pie crust. Put second crust on and seal well to keep from boiling over. Put slits in top. Brush top with cream and sprinkle sugar on it. Bake about 45 minutes at 425 degrees, or until it looks cooked. Good with plain cream.

"Basic Huckleberry Sauce — 1 cup huckleberries, ¼ cup sugar, 1 tablespoon water, 2 tablespoons light corn syrup, 2 tablespoons berry juice, 1 tablespoon cornstarch and two teaspoons lemon juice. Place berries in a pan. Add sugar, water and corn syrup. Bring to a boil. Blend berry juice and cornstarch and stir into berries, stirring constantly. Cook until thickened. Stir in lemon juice and remove from heat. Chill. Good for jelly roll, open face pie, cooked pie shell or sauce, or topping for ice cream.

"Huckleberry Pie — Get ready dough for a two-crust pie. Boil, drain and rinse 2 cups huckleberries, then cook again with a very little water until tender. Add sweetening to taste and 2 tablespoons flour. Bake in a 425 degree oven.

"Huckleberry Cake — Barbara Stone



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wrote me from Stites, Idaho, with this one. 'I don't care for huckleberries raw but in a cake is something else. Separate three eggs. Beat the whites until stiff and set aside. Beat the egg yolks and blend with $\frac{1}{4}$ cup milk. Blend in one cup sugar and $\frac{1}{2}$ cup butter or other shortening. Sift $1\frac{1}{2}$ cups flour with 1 teaspoon baking powder, $\frac{1}{4}$ teaspoon nutmeg and $\frac{1}{2}$ teaspoon cinnamon and add to egg yolk mixture. The batter will be unusually stiff. Put berries into flat dish and roll in flour. Up to this point, an electric beater can be used, but the berries should be folded into the batter with a spoon. Then fold in the beaten egg whites. Bake in a greased and floured 8 x 8-inch pan. A loaf pan is better so the batter doesn't spread too thin. Sprinkle the entire top of the cake with a thin coating of sugar. This will form a glaze. No frosting is necessary. Bake in a moderate oven (350 degrees) until done. Depending on the oven it usually takes 50-60 minutes."

And finally, rhubarb . . .

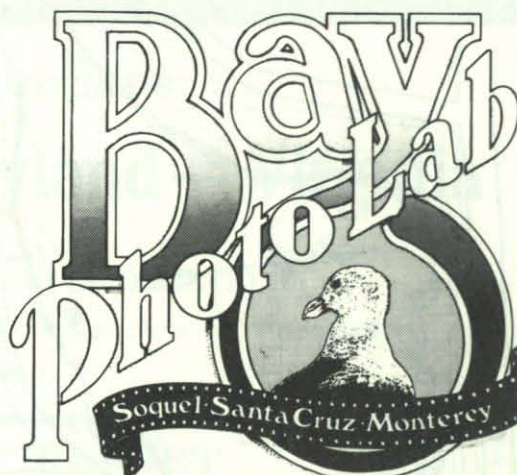
"Make a Rhubarb Pie by putting about 1 pint of 1-inch rhubarb sections into an unbaked pie shell. Scatter $\frac{1}{2}$ orange, peeled and cut into little pieces, over the top. Now sprinkle 1 cup of sweetening over that - like a cup of brown sugar. And scatter a little tapioca around, too. It will take up the juice and add a niceness of its own. Now put the top crust on and bake in a moderate oven.

"Rhubarb Bread Pudding - Combine 2 cups bread cubes, 2 cups cubed rhubarb, 2 egg yolks, $\frac{1}{2}$ cup sugar and 2 cups milk. Sprinkle nutmeg and sugar over the mixture and bake. From Mrs. Goodspeed of Kent, Washington.

"Rhubarb Cake - From Gaylee Pysitt of Hemmingford, Nevada: '2 cups flour, $\frac{1}{2}$ cup shortening, $1\frac{1}{2}$ cups sugar, 1 cup sour milk, 1 egg, 1 teaspoon soda, a pinch of salt, 1 teaspoon vanilla and 2 cups rhubarb. I throw all this together and then sprinkle on the topping after I put it in a 9 x 13-inch pan. Topping is $\frac{1}{2}$ cup sugar and 1 teaspoon cinnamon, mixed together and sprinkled on top of the cake. Bake at 350 degrees for 30 to 40 minutes."

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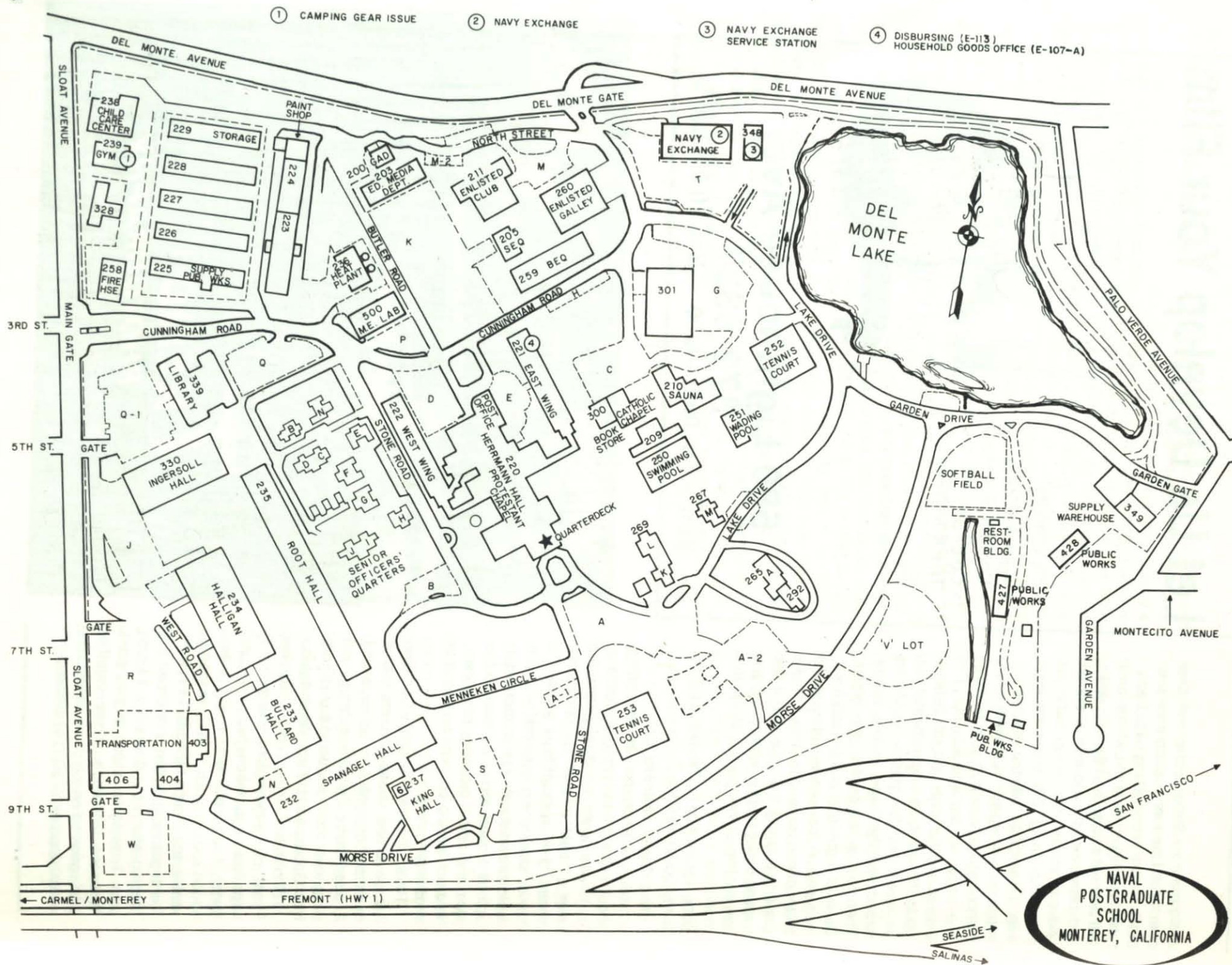
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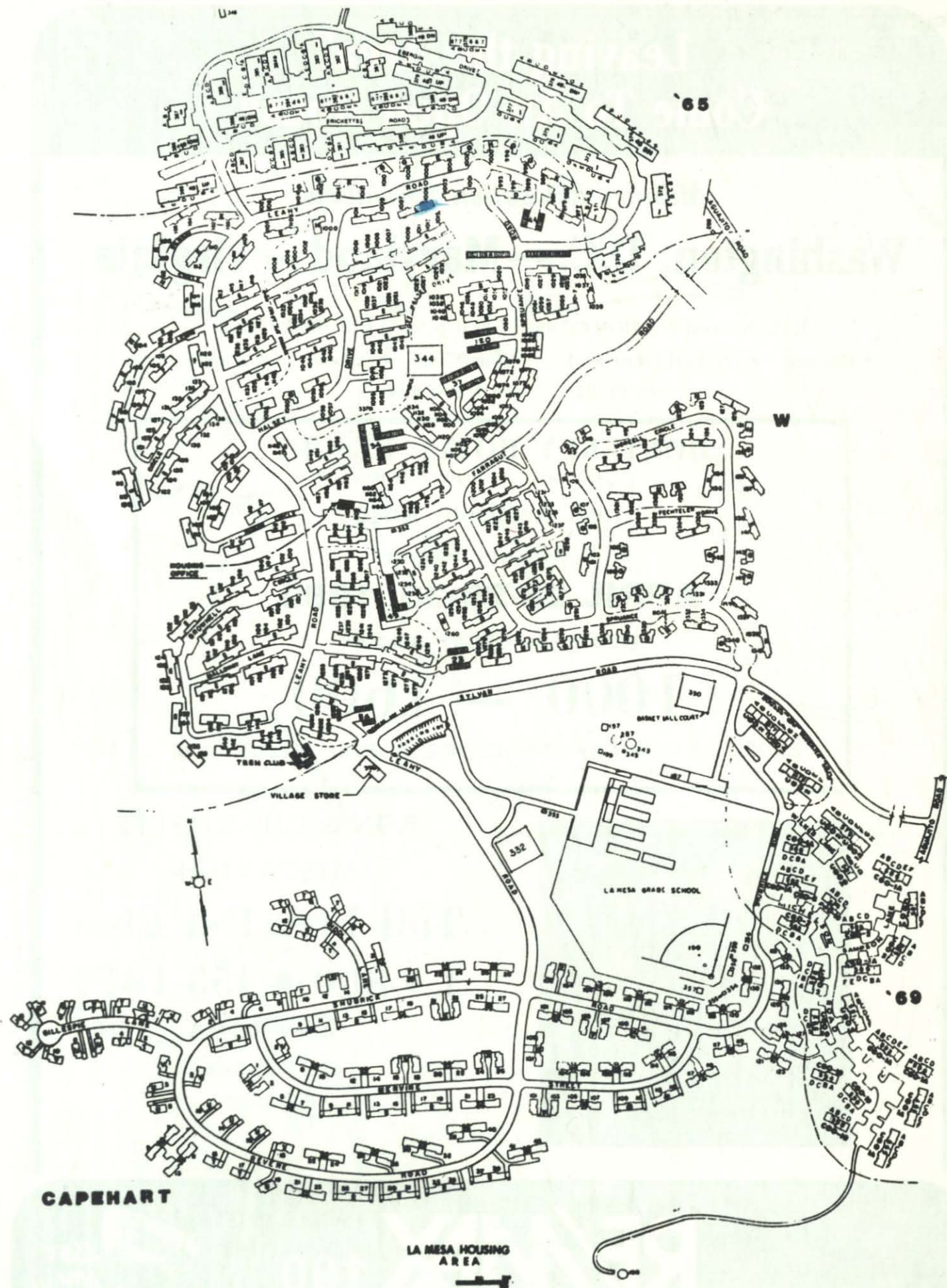
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Monterey Weather – Who Knows?

Most people assume that all of California is sunny and hot like the southern part of the state. Well, the Monterey weather, as you may have discovered, is definitely NOT hot and sunny. The following chart will give you an idea of the "average" weather in Monterey.

These figures were compiled by R.J. Renard, Chairman of the Meteorology Department at NPS. They are weather averages based on 35 years of records (January 1952 through Dec. 1987) at the National Weather Service Volunteer-Observer Climatological Station in Monterey, California. Mr. Renard has been the observer since September 1963.

MONTH	MONTHLY TEMPERATURES (degrees F)			DAILY TEMPERATURES (degrees F)				MONTHLY RAINFALL (inches)						Number of Fog Days**	Wind Speed # (mph)
	Average Maximum	Average Minimum	Mean	Highest	Year	Lowest	Year	Average	Rain & Days	Wettest	Year	Driest	Year		
Jan	60.1	43.1	51.6	84	62	27	62*	3.98	10	10.04	52	.11	84	6	7 (1987)
Feb	61.8	44.6	53.2	85	54	27	62	2.82	9	7.31	69	.04	53	6	8 (1987)
Mar	61.7	44.6	53.1	85	53	32	76*	3.15	9	9.61	83	.03	72	6	9 (1987)
Apr	63.1	45.3	54.2	93	81	35	76	1.68	6	7.11	67	.04	77	8	9 (1987)
May	64.4	47.6	56.0	95	76	39	52	.40	4	2.39	57	.01	75	14	10 (1987)
Jun	66.9	50.1	58.5	101	61	42	62*	.19	3	1.56	67	T†	87*	15	9 (1987)
Jul	68.0	51.5	59.7	98	59	43	53*	.08	2	.73	80	T	83*	21	10 (1987)
Aug	69.0	52.5	60.8	95	68*	45	56*	.11	2	.97	76	T	78*	21	8 (1987)
Sep	72.1	52.9	62.5	101	71*	44	70*	.33	2	3.14	59	T	87*	16	7 (1987)
Oct	70.4	50.9	60.7	104	87	37	71	.84	4	2.46	72	T	59	14	6 (1987)
Nov	65.4	47.0	56.2	95	56	35	85*	2.56	7	6.49	65	T	59*	7	7 (1987)
Dec	61.0	43.7	52.3	89	58	23	72	2.94	9	9.79	55	.37	75	7	8 (1987)
Annual															
Average: 65.3 47.8 56.6															
Total: 19.08 67															
Total: 141 Ave: 8															

*: and other years; most recent year shown
 †: T = trace of rain (i.e. less than .01")
 ‡: Rain days = average no. of days with rainfall .01" or greater

Monterey Airport wind speed averages. Averages based on hourly observations during 18-hr period each day (6 a.m. through 11 p.m.)
 ** Fog day = day with visibility equal to or less than 6 mi for one or more hours (24 years of record)

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